

**Main Criteria:** Common Core College and Career Readiness Anchor Standards

**Secondary Criteria:** SEL Lessons

**Subject:** Language Arts

**Grades:** 6, 7, 8, 9, 10, 11, 12

**Correlation Options:** Show Correlated

**Common Core College and Career Readiness Anchor Standards**

**Language Arts**

Grade: **6** - Adopted: **2010**

<b>COURSE</b>	<b>CCSS.ELA-Literacy.CCRA.R</b>	<b>College and Career Readiness Anchor Standards for Reading</b>
<b>STRAND / CORE STANDARD</b>		<b>Key Ideas and Details</b>
CORE STANDARD / STRAND	CCSS.ELA-Literacy.CCRA.R.1	<p>Read closely to determine what the text says explicitly and to make logical inferences from it; cite specific textual evidence when writing or speaking to support conclusions drawn from the text.</p> <p><b><u>SEL Lessons</u></b> Self Management: Focus: Am I Focused? Self Management: Goal Setting: My Goal Self Management: Problem Solving: Problem Maps Social Awareness : Empathy: Different Perspectives Social Skills: Conflict Resolution: Do It Better</p>
CORE STANDARD / STRAND	CCSS.ELA-Literacy.CCRA.R.2	<p>Determine central ideas or themes of a text and analyze their development; summarize the key supporting details and ideas.</p> <p><b><u>SEL Lessons</u></b> Self Management: Focus: Am I Focused? Self Management: Goal Setting: My Goal Self Management: Problem Solving: Problem Maps Social Awareness : Empathy: Different Perspectives Social Skills: Conflict Resolution: Do It Better</p>
CORE STANDARD / STRAND	CCSS.ELA-Literacy.CCRA.R.3	<p>Analyze how and why individuals, events, or ideas develop and interact over the course of a text.</p> <p><b><u>SEL Lessons</u></b> Self Management: Focus: Am I Focused? Self Management: Goal Setting: My Goal Self Management: Problem Solving: Problem Maps Social Awareness : Empathy: Different Perspectives Social Skills: Conflict Resolution: Do It Better</p>
<b>COURSE</b>	<b>CCSS.ELA-Literacy.CCRA.R</b>	<b>College and Career Readiness Anchor Standards for Reading</b>
<b>STRAND / CORE STANDARD</b>		<b>Integration of Knowledge and Ideas</b>

CORE STANDARD / STRAND	CCSS.ELA-Literacy.CCRA.R.7	Integrate and evaluate content presented in diverse media and formats, including visually and quantitatively, as well as in words.
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**SEL Lessons**

Self Management: Focus: Am I Focused?  
 Self Management: Goal Setting: My Goal  
 Self Management: Problem Solving: Problem Maps  
 Social Awareness : Empathy: Different Perspectives  
 Social Skills: Conflict Resolution: Do It Better

<b>COURSE</b>	<b>CCSS.ELA-Literacy.CCRA.R</b>	<b>College and Career Readiness Anchor Standards for Reading</b>
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<b>STRAND / CORE STANDARD</b>		<b>Range of Reading and Level of Text Complexity</b>
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CORE STANDARD / STRAND	CCSS.ELA-Literacy.CCRA.R.10	Read and comprehend complex literary and informational texts independently and proficiently.
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**SEL Lessons**

Self Management: Focus: Am I Focused?  
 Self Management: Goal Setting: My Goal  
 Self Management: Problem Solving: Problem Maps  
 Social Awareness : Empathy: Different Perspectives  
 Social Skills: Conflict Resolution: Do It Better

<b>COURSE</b>	<b>CCSS.ELA-Literacy.CCRA.W</b>	<b>College and Career Readiness Anchor Standards for Writing</b>
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<b>STRAND / CORE STANDARD</b>		<b>Production and Distribution of Writing</b>
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CORE STANDARD / STRAND	CCSS.ELA-Literacy.CCRA.W.4	Produce clear and coherent writing in which the development, organization, and style are appropriate to task, purpose, and audience.
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**SEL Lessons**

Awareness of Self & Others: Emotions: How Would You Feel?  
 Awareness of Self & Others: Learning Skills: Follow the Directions  
 Awareness of Self & Others: Self - Knowledge: What Am I Good At?  
 Self Management: Goal Setting: Get SMART!  
 Self-Care: Mindfulness: Being Aware  
 Self-Care: Mindfulness: Practice Gratitude  
 Self-Care: Optimism: Thankful  
 Self-Care: Self-Compassion: Be Kind to Yourself  
 Self-Care: Self-Efficacy: Build Your Belief  
 Social Awareness : Actions & Consequences: Good Choices  
 Social Skills: Conflict Resolution: Do It Better  
 Social Skills: Fairness: We All Have Rights

CORE STANDARD / STRAND	CCSS.ELA-Literacy.CCRA.W.5	Develop and strengthen writing as needed by planning, revising, editing, rewriting, or trying a new approach.
<b><u>SEL Lessons</u></b> Awareness of Self & Others: Emotions: How Would You Feel? Awareness of Self & Others: Learning Skills: Follow the Directions Awareness of Self & Others: Self - Knowledge: What Am I Good At? Self Management: Goal Setting: Get SMART! Self-Care: Mindfulness: Being Aware Self-Care: Mindfulness: Practice Gratitude Self-Care: Optimism: Thankful Self-Care: Self-Compassion: Be Kind to Yourself Self-Care: Self-Efficacy: Build Your Belief Social Awareness : Actions & Consequences: Good Choices Social Skills: Conflict Resolution: Do It Better Social Skills: Fairness: We All Have Rights		

<b>COURSE</b>	<b>CCSS.ELA-Literacy.CCRA.W</b>	<b>College and Career Readiness Anchor Standards for Writing</b>
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STRAND / CORE STANDARD		Research to Build and Present Knowledge
CORE STANDARD / STRAND	CCSS.ELA-Literacy.CCRA.W.7	Conduct short as well as more sustained research projects based on focused questions, demonstrating understanding of the subject under investigation.
<b><u>SEL Lessons</u></b> Social Awareness: Safe and Ethical Behavior: Bullies Bully!		
CORE STANDARD / STRAND	CCSS.ELA-Literacy.CCRA.W.8	Gather relevant information from multiple print and digital sources, assess the credibility and accuracy of each source, and integrate the information while avoiding plagiarism.
<b><u>SEL Lessons</u></b> Social Awareness: Safe and Ethical Behavior: Bullies Bully!		
CORE STANDARD / STRAND	CCSS.ELA-Literacy.CCRA.W.9	Draw evidence from literary or informational texts to support analysis, reflection, and research.
<b><u>SEL Lessons</u></b> Social Awareness: Safe and Ethical Behavior: Bullies Bully!		

<b>COURSE</b>	<b>CCSS.ELA-Literacy.CCRA.W</b>	<b>College and Career Readiness Anchor Standards for Writing</b>
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STRAND / CORE STANDARD		Range of Writing
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CORE STANDARD / STRAND	CCSS.ELA-Literacy.CCRA.W.10	Write routinely over extended time frames (time for research, reflection, and revision) and shorter time frames (a single sitting or a day or two) for a range of tasks, purposes, and audiences.
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#### **SEL Lessons**

Awareness of Self & Others: Emotions: How Would You Feel?

Awareness of Self & Others: Learning Skills: Follow the Directions

Awareness of Self & Others: Self - Knowledge: What Am I Good At?

Self Management: Goal Setting: Get SMART!

Self-Care: Mindfulness: Being Aware

Self-Care: Mindfulness: Practice Gratitude

Self-Care: Optimism: Thankful

Self-Care: Self-Compassion: Be Kind to Yourself

Self-Care: Self-Efficacy: Build Your Belief

Social Awareness : Actions & Consequences: Good Choices

Social Awareness: Safe and Ethical Behavior: Bullies Bully!

Social Skills: Conflict Resolution: Do It Better

Social Skills: Fairness: We All Have Rights

<b>COURSE</b>	<b>CCSS.ELA-Literacy.CCRA.SL</b>	<b>College and Career Readiness Anchor Standards for Speaking and Listening</b>
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STRAND / CORE STANDARD		Comprehension and Collaboration
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CORE STANDARD / STRAND	CCSS.ELA-Literacy.CCRA.SL.1	Prepare for and participate effectively in a range of conversations and collaborations with diverse partners, building on others' ideas and expressing their own clearly and persuasively.
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#### **SEL Lessons**

Awareness of Self & Others: Emotions: How Would You Feel?

Awareness of Self & Others: Emotions: Sparks of Emotion

Awareness of Self & Others: Growth Mindset: A Tale of Two Brains

Awareness of Self & Others: Growth Mindset: Part of the Group

Awareness of Self & Others: Learning Skills: ASK Quality Questions

Awareness of Self & Others: Learning Skills: Follow the Directions

Awareness of Self & Others: Self - Knowledge: What Am I Good At?

Awareness of Self & Others: Self-Knowledge: Social

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## Strengths

Awareness of Self & Others: Values: Family Culture

Awareness of Self & Others: Values: My Personal Values

Awareness of Self & Others: Wants & Needs: Good Time to Ask

Awareness of Self & Others: Wants and Needs: Building My SELF-Esteem

Self Management: Focus: Am I Focused?

Self Management: Focus: Focus to Study

Self Management: Goal Setting: Get SMART!

Self Management: Goal Setting: My Goal

Self Management: Problem Solving: Problem Maps

Self Management: Problem Solving: Think Solution!

Self Management: Resilience: Challenges

Self Management: Resilience: Reframe It!

Self Management: Self Control: Buy It

Self Management: Self-Control: Stress Solutions

Self Management: Stress Management: Don't Stress

Self Management: Stress Management: Rethink It!

Self-Care: Healthy Boundaries: Setting Boundaries to Be Yourself

Self-Care: Healthy Boundaries: Your Limits

Self-Care: Mindfulness: Being Aware

Self-Care: Mindfulness: Practice Gratitude

Self-Care: Optimism: Random Acts

Self-Care: Optimism: Thankful

Self-Care: Self-Advocacy: On My Own

Self-Care: Self-Advocacy: Speak Up for Fairness

Self-Care: Self-Compassion: Be Kind to Yourself

Self-Care: Self-Compassion: Turn it Around

Self-Care: Self-Efficacy: Build Your Belief

Self-Care: Self-Efficacy: One Step at a Time

Social Awareness : Actions & Consequences: Good Choices

Social Awareness : Actions and Consequences: OWN Your Actions

Social Awareness : Cultural Competence: Cultural Differences

Social Awareness : Empathy: Different Perspectives

Social Awareness : Safe & Ethical Behavior: No Bullying Zone

Social Awareness : Social Contributions: Helping My School

Social Awareness : Social Contributions: Be the Change

Social Awareness : Support Systems: With A Little Help From My Friends

Social Awareness: Cultural Competence: Be Cool: INCLUDE

Social Awareness: Empathy: ACTIVE Listening

Social Awareness: Safe and Ethical Behavior:

		Bullies Bully! Social Awareness: Support Systems: Who Supports You? Social Skills: Conflict Resolution: Do It Better Social Skills: Conflict Resolution: Resolving Conflict Social Skills: Cooperation: Make Your School Cool Social Skills: Cooperation: THINK in Groups Social Skills: Fairness: Our Rights and Responsibilities Social Skills: Fairness: We All Have Rights Social Skills: Friendship: Lean on Me Social Skills: Friendship: My Friends Social Skills: Relationships: Conversation Tips Social Skills: Relationships: NO "I" In Team Social Skills: Respect: Respect Social Skills: Respect: Ripple of Respect
CORE STANDARD / STRAND	CCSS.ELA-Literacy.CCRA.SL.2	Integrate and evaluate information presented in diverse media and formats, including visually, quantitatively, and orally.

### **SEL Lessons**

Awareness of Self & Others: Emotions: Sparks of Emotion  
 Awareness of Self & Others: Growth Mindset: A Tale of Two Brains  
 Awareness of Self & Others: Learning Skills: ASK Quality Questions  
 Awareness of Self & Others: Self-Knowledge: Social Strengths  
 Awareness of Self & Others: Values: My Personal Values  
 Awareness of Self & Others: Wants and Needs: Building My SELF-Esteem  
 Self Management: Focus: Focus to Study  
 Self Management: Goal Setting: Get SMART!  
 Self Management: Problem Solving: Think Solution!  
 Self Management: Resilience: Reframe It!  
 Self Management: Self-Control: Stress Solutions  
 Self Management: Stress Management: Don't Stress  
 Social Awareness : Social Contributions: Be the Change  
 Social Awareness: Cultural Competence: Be Cool: INCLUDE  
 Social Awareness: Empathy: ACTIVE Listening  
 Social Awareness: Safe and Ethical Behavior:  
 Bullies Bully!  
 Social Awareness: Support Systems: Who Supports You?  
 Social Skills: Conflict Resolution: Resolving Conflict  
 Social Skills: Cooperation: THINK in Groups  
 Social Skills: Fairness: Our Rights and

Responsibilities  
 Social Skills: Friendship: Lean on Me  
 Social Skills: Relationships: NO "I" In Team  
 Social Skills: Respect: Ripple of Respect

**Common Core College and Career Readiness Anchor Standards**

**Language Arts**

Grade: **7** - Adopted: **2010**

**COURSE**                      **CCSS.ELA-Literacy.CCRA.R**                      **College and Career Readiness Anchor Standards for Reading**

<b>STRAND / CORE STANDARD</b>		<b>Key Ideas and Details</b>
CORE STANDARD / STRAND	CCSS.ELA-Literacy.CCRA.R.1	<p>Read closely to determine what the text says explicitly and to make logical inferences from it; cite specific textual evidence when writing or speaking to support conclusions drawn from the text.</p> <p><b><u>SEL Lessons</u></b>            Awareness of Self &amp; Others: Learning Skills:            Attention to Learning            Self Management: Focus: Am I Focused?            Self Management: Goal Setting: My Goal            Self Management: Problem Solving: Problem Maps            Social Awareness : Empathy: Different Perspectives            Social Awareness: Safe and Ethical Behavior: Stand Up Against Bullying!            Social Skills: Conflict Resolution: Do It Better</p>
CORE STANDARD / STRAND	CCSS.ELA-Literacy.CCRA.R.2	<p>Determine central ideas or themes of a text and analyze their development; summarize the key supporting details and ideas.</p> <p><b><u>SEL Lessons</u></b>            Awareness of Self &amp; Others: Learning Skills:            Attention to Learning            Self Management: Focus: Am I Focused?            Self Management: Goal Setting: My Goal            Self Management: Problem Solving: Problem Maps            Social Awareness : Empathy: Different Perspectives            Social Awareness: Safe and Ethical Behavior: Stand Up Against Bullying!            Social Skills: Conflict Resolution: Do It Better</p>
CORE STANDARD / STRAND	CCSS.ELA-Literacy.CCRA.R.3	<p>Analyze how and why individuals, events, or ideas develop and interact over the course of a text.</p> <p><b><u>SEL Lessons</u></b>            Awareness of Self &amp; Others: Learning Skills:            Attention to Learning            Self Management: Focus: Am I Focused?            Self Management: Goal Setting: My Goal</p>

Self Management: Problem Solving: Problem Maps  
 Social Awareness : Empathy: Different Perspectives  
 Social Awareness: Safe and Ethical Behavior: Stand Up Against Bullying!  
 Social Skills: Conflict Resolution: Do It Better

**COURSE**                      **CCSS.ELA-Literacy.CCRA.R**                      **College and Career Readiness Anchor Standards for Reading**

**STRAND / CORE STANDARD**                      **Craft and Structure**

CORE STANDARD / STRAND                      CCSS.ELA-Literacy.CCRA.R.4                      Interpret words and phrases as they are used in a text, including determining technical, connotative, and figurative meanings, and analyze how specific word choices shape meaning or tone.

**SEL Lessons**  
 Awareness of Self & Others: Learning Skills:  
 Attention to Learning  
 Social Awareness: Safe and Ethical Behavior: Stand Up Against Bullying!

CORE STANDARD / STRAND                      CCSS.ELA-Literacy.CCRA.R.6                      Assess how point of view or purpose shapes the content and style of a text.

**SEL Lessons**  
 Awareness of Self & Others: Learning Skills:  
 Attention to Learning  
 Social Awareness: Safe and Ethical Behavior: Stand Up Against Bullying!

**COURSE**                      **CCSS.ELA-Literacy.CCRA.R**                      **College and Career Readiness Anchor Standards for Reading**

**STRAND / CORE STANDARD**                      **Integration of Knowledge and Ideas**

CORE STANDARD / STRAND                      CCSS.ELA-Literacy.CCRA.R.7                      Integrate and evaluate content presented in diverse media and formats, including visually and quantitatively, as well as in words.

**SEL Lessons**  
 Self Management: Focus: Am I Focused?  
 Self Management: Goal Setting: My Goal  
 Self Management: Problem Solving: Problem Maps  
 Social Awareness : Empathy: Different Perspectives  
 Social Skills: Conflict Resolution: Do It Better

**COURSE**                      **CCSS.ELA-Literacy.CCRA.R**                      **College and Career Readiness Anchor Standards for Reading**

**STRAND / CORE STANDARD**                      **Range of Reading and Level of Text Complexity**

CORE STANDARD / STRAND                      CCSS.ELA-Literacy.CCRA.R.10                      Read and comprehend complex literary and informational texts independently and proficiently.



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**SEL Lessons**

Awareness of Self & Others: Learning Skills:  
Attention to Learning  
Self Management: Focus: Am I Focused?  
Self Management: Goal Setting: My Goal  
Self Management: Problem Solving: Problem Maps  
Social Awareness : Empathy: Different Perspectives  
Social Awareness: Safe and Ethical Behavior: Stand  
Up Against Bullying!  
Social Skills: Conflict Resolution: Do It Better

**COURSE**                      **CCSS.ELA-Literacy.CCRA.W**                      **College and Career Readiness Anchor Standards for Writing**

<b>STRAND / CORE STANDARD</b>		<b>Text Types and Purposes</b>
CORE STANDARD / STRAND	CCSS.ELA-Literacy.CCRA.W.1	Write arguments to support claims in an analysis of substantive topics or texts using valid reasoning and relevant and sufficient evidence.

**SEL Lessons**

Awareness of Self & Others: Learning Skills:  
Attention to Learning  
Social Awareness: Safe and Ethical Behavior: Stand  
Up Against Bullying!

**COURSE**                      **CCSS.ELA-Literacy.CCRA.W**                      **College and Career Readiness Anchor Standards for Writing**

<b>STRAND / CORE STANDARD</b>		<b>Production and Distribution of Writing</b>
CORE STANDARD / STRAND	CCSS.ELA-Literacy.CCRA.W.4	Produce clear and coherent writing in which the development, organization, and style are appropriate to task, purpose, and audience.

**SEL Lessons**

Awareness of Self & Others: Emotions: How Would You Feel?  
Awareness of Self & Others: Learning Skills: Follow the Directions  
Awareness of Self & Others: Self - Knowledge: What Am I Good At?  
Self-Care: Mindfulness: Being Aware  
Self-Care: Optimism: Optimistic Thinking  
Self-Care: Optimism: Thankful  
Social Awareness : Actions & Consequences: Good Choices  
Social Awareness: Safe and Ethical Behavior: Stand Up Against Bullying!  
Social Skills: Conflict Resolution: Do It Better  
Social Skills: Fairness: We All Have Rights

CORE STANDARD / STRAND	CCSS.ELA-Literacy.CCRA.W.5	Develop and strengthen writing as needed by planning, revising, editing, rewriting, or trying a new approach.
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**SEL Lessons**

Awareness of Self & Others: Emotions: How Would You Feel?  
Awareness of Self & Others: Learning Skills: Follow the Directions  
Awareness of Self & Others: Self - Knowledge: What Am I Good At?  
Self-Care: Mindfulness: Being Aware  
Self-Care: Optimism: Optimistic Thinking  
Self-Care: Optimism: Thankful  
Social Awareness : Actions & Consequences: Good Choices  
Social Awareness: Safe and Ethical Behavior: Stand Up Against Bullying!  
Social Skills: Conflict Resolution: Do It Better  
Social Skills: Fairness: We All Have Rights

<b>COURSE</b>	<b>CCSS.ELA-Literacy.CCRA.W</b>	<b>College and Career Readiness Anchor Standards for Writing</b>
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<b>STRAND / CORE STANDARD</b>		<b>Research to Build and Present Knowledge</b>
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CORE STANDARD / STRAND	CCSS.ELA-Literacy.CCRA.W.7	Conduct short as well as more sustained research projects based on focused questions, demonstrating understanding of the subject under investigation.
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**SEL Lessons**

Social Skills: Cooperation: Let It SLIDE!

CORE STANDARD / STRAND	CCSS.ELA-Literacy.CCRA.W.8	Gather relevant information from multiple print and digital sources, assess the credibility and accuracy of each source, and integrate the information while avoiding plagiarism.
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**SEL Lessons**

Social Skills: Cooperation: Let It SLIDE!

CORE STANDARD / STRAND	CCSS.ELA-Literacy.CCRA.W.9	Draw evidence from literary or informational texts to support analysis, reflection, and research.
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**SEL Lessons**

Awareness of Self & Others: Learning Skills: Attention to Learning  
Social Awareness: Safe and Ethical Behavior: Stand Up Against Bullying!  
Social Skills: Cooperation: Let It SLIDE!

<b>COURSE</b>	<b>CCSS.ELA-Literacy.CCRA.W</b>	<b>College and Career Readiness Anchor Standards for Writing</b>
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STRAND / CORE STANDARD		Range of Writing
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CORE STANDARD / STRAND	CCSS.ELA-Literacy.CCRA.W.10	Write routinely over extended time frames (time for research, reflection, and revision) and shorter time frames (a single sitting or a day or two) for a range of tasks, purposes, and audiences.
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**SEL Lessons**

Awareness of Self & Others: Emotions: How Would You Feel?

Awareness of Self & Others: Learning Skills: Follow the Directions

Awareness of Self & Others: Self - Knowledge: What Am I Good At?

Self-Care: Mindfulness: Being Aware

Self-Care: Optimism: Optimistic Thinking

Self-Care: Optimism: Thankful

Social Awareness : Actions & Consequences: Good Choices

Social Awareness: Safe and Ethical Behavior: Stand Up Against Bullying!

Social Skills: Conflict Resolution: Do It Better

Social Skills: Cooperation: Let It SLIDE!

Social Skills: Fairness: We All Have Rights

<b>COURSE</b>	<b>CCSS.ELA-Literacy.CCRA.SL</b>	<b>College and Career Readiness Anchor Standards for Speaking and Listening</b>
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STRAND / CORE STANDARD		Comprehension and Collaboration
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CORE STANDARD / STRAND	CCSS.ELA-Literacy.CCRA.SL.1	Prepare for and participate effectively in a range of conversations and collaborations with diverse partners, building on others' ideas and expressing their own clearly and persuasively.
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**SEL Lessons**

Awareness of Self & Others: Emotions: How Would You Feel?

Awareness of Self & Others: Emotions: My Emotions

Awareness of Self & Others: Growth Mindset: Growing from Feedback

Awareness of Self & Others: Growth Mindset: Part of the Group

Awareness of Self & Others: Learning Skills: Attention to Learning

Awareness of Self & Others: Learning Skills: Follow the Directions

Awareness of Self & Others: Self - Knowledge: What Am I Good At?

Awareness of Self & Others: Self-Knowledge: You Got Style

Awareness of Self & Others: Values: Family Culture

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Awareness of Self & Others: Values: Mind Your Media  
Awareness of Self & Others: Wants & Needs: Good Time to Ask  
Awareness of Self & Others: Wants and Needs: High Esteem  
Self Management: Focus: Am I Focused?  
Self Management: Focus: Visualize It!  
Self Management: Goal Setting: My Goal  
Self Management: Goal Setting: SMART Goals  
Self Management: Problem Solving: From Problem to Solution  
Self Management: Problem Solving: Problem Maps  
Self Management: Resilience: Bend, but Not Break  
Self Management: Resilience: Challenges  
Self Management: Self Control: Buy It  
Self Management: Self-Control: Self-Control: It's Magic!  
Self Management: Stress Management: Rethink It!  
Self Management: Stress Management: Stinking Thinking  
Self-Care: Healthy Boundaries: Healthy Boundaries  
Self-Care: Healthy Boundaries: Your Limits  
Self-Care: Mindfulness: Being Aware  
Self-Care: Mindfulness: Focus NOW  
Self-Care: Optimism: Optimistic Thinking  
Self-Care: Optimism: Thankful  
Self-Care: Self-Advocacy: Be Your Own Advocate  
Self-Care: Self-Advocacy: On My Own  
Self-Care: Self-Compassion: Quiet the Inner Critic  
Self-Care: Self-Compassion: Turn it Around  
Self-Care: Self-Efficacy: Be Positive  
Self-Care: Self-Efficacy: One Step at a Time  
Social Awareness : Actions & Consequences: Good Choices  
Social Awareness : Actions and Consequences: Actions Have Consequences  
Social Awareness : Cultural Competence: Cultural Differences  
Social Awareness : Empathy: Different Perspectives  
Social Awareness : Safe & Ethical Behavior: No Bullying Zone  
Social Awareness : Social Contributions: Helping My School  
Social Awareness : Social Contributions: Plan to Do Your Part  
Social Awareness : Support Systems: With A Little Help From My Friends  
Social Awareness: Cultural Competence: Challenge Prejudice  
Social Awareness: Empathy: Reflective Listening  
Social Awareness: Safe and Ethical Behavior: Stand Up Against Bullying!

		Social Awareness: Support Systems: Support Systems Social Skills: Conflict Resolution: Conflict Happens! Social Skills: Conflict Resolution: Do It Better Social Skills: Cooperation: Let It SLIDE! Social Skills: Cooperation: Make Your School Cool Social Skills: Fairness: Life, Liberty, & the Pursuit of Happiness Social Skills: Fairness: We All Have Rights Social Skills: Friendship: Friends & Peer Pressure Social Skills: Friendship: My Friends Social Skills: Relationships: Conversation Tips Social Skills: Relationships: Peering Into Relationships Social Skills: Respect: Let's Communicate Social Skills: Respect: Respect
CORE STANDARD / STRAND	CCSS.ELA-Literacy.CCRA.SL.2	Integrate and evaluate information presented in diverse media and formats, including visually, quantitatively, and orally.

### **SEL Lessons**

Awareness of Self & Others: Emotions: My Emotions  
 Awareness of Self & Others: Growth Mindset: Growing from Feedback  
 Awareness of Self & Others: Learning Skills: Attention to Learning  
 Awareness of Self & Others: Self-Knowledge: You Got Style  
 Awareness of Self & Others: Values: Mind Your Media  
 Awareness of Self & Others: Wants and Needs: High Esteem  
 Self Management: Focus: Visualize It!  
 Self Management: Goal Setting: SMART Goals  
 Self Management: Problem Solving: From Problem to Solution  
 Self Management: Resilience: Bend, but Not Break  
 Self Management: Self-Control: Self-Control: It's Magic!  
 Self Management: Stress Management: Stinking Thinking  
 Social Awareness : Social Contributions: Plan to Do Your Part  
 Social Awareness: Cultural Competence: Challenge Prejudice  
 Social Awareness: Empathy: Reflective Listening  
 Social Awareness: Safe and Ethical Behavior: Stand Up Against Bullying!  
 Social Awareness: Support Systems: Support Systems  
 Social Skills: Conflict Resolution: Conflict Happens!

Social Skills: Cooperation: Let It SLIDE!  
 Social Skills: Fairness: Life, Liberty, & the Pursuit of Happiness  
 Social Skills: Friendship: Friends & Peer Pressure  
 Social Skills: Relationships: Peering Into Relationships  
 Social Skills: Respect: Let's Communicate

**COURSE**                      **CCSS.ELA-Literacy.CCRA.L**                      **College and Career Readiness Anchor Standards for Language**

<b>STRAND / CORE STANDARD</b>		<b>Knowledge of Language</b>
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CORE STANDARD / STRAND	CCSS.ELA-Literacy.CCRA.L.3	Apply knowledge of language to understand how language functions in different contexts, to make effective choices for meaning or style, and to comprehend more fully when reading or listening.
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**SEL Lessons**

Awareness of Self & Others: Learning Skills:  
 Attention to Learning  
 Social Awareness: Safe and Ethical Behavior: Stand Up Against Bullying!

**COURSE**                      **CCSS.ELA-Literacy.CCRA.L**                      **College and Career Readiness Anchor Standards for Language**

<b>STRAND / CORE STANDARD</b>		<b>Vocabulary Acquisition and Use</b>
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CORE STANDARD / STRAND	CCSS.ELA-Literacy.CCRA.L.4	Determine or clarify the meaning of unknown and multiple-meaning words and phrases by using context clues, analyzing meaningful word parts, and consulting general and specialized reference materials, as appropriate.
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**SEL Lessons**

Awareness of Self & Others: Learning Skills:  
 Attention to Learning  
 Social Awareness: Safe and Ethical Behavior: Stand Up Against Bullying!

CORE STANDARD / STRAND	CCSS.ELA-Literacy.CCRA.L.6	Acquire and use accurately a range of general academic and domain-specific words and phrases sufficient for reading, writing, speaking, and listening at the college and career readiness level; demonstrate independence in gathering vocabulary knowledge when encountering an unknown term important to comprehension or expression.
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**SEL Lessons**

Awareness of Self & Others: Learning Skills:  
 Attention to Learning

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Social Awareness: Safe and Ethical Behavior: Stand Up Against Bullying!

**Common Core College and Career Readiness Anchor Standards**

**Language Arts**

Grade: **8** - Adopted: **2010**

**COURSE**                      **CCSS.ELA-Literacy.CCRA.R**                      **College and Career Readiness Anchor Standards for Reading**

<b>STRAND / CORE STANDARD</b>		<b>Key Ideas and Details</b>
CORE STANDARD / STRAND	CCSS.ELA-Literacy.CCRA.R.1	Read closely to determine what the text says explicitly and to make logical inferences from it; cite specific textual evidence when writing or speaking to support conclusions drawn from the text.  <b><u>SEL Lessons</u></b> Self Management: Focus: Am I Focused? Self Management: Focus: Visualizing for Success Self Management: Goal Setting: My Goal Self Management: Problem Solving: Problem Maps Social Awareness : Empathy: Different Perspectives Social Skills: Conflict Resolution: Do It Better
CORE STANDARD / STRAND	CCSS.ELA-Literacy.CCRA.R.2	Determine central ideas or themes of a text and analyze their development; summarize the key supporting details and ideas.  <b><u>SEL Lessons</u></b> Self Management: Focus: Am I Focused? Self Management: Focus: Visualizing for Success Self Management: Goal Setting: My Goal Self Management: Problem Solving: Problem Maps Social Awareness : Empathy: Different Perspectives Social Skills: Conflict Resolution: Do It Better
CORE STANDARD / STRAND	CCSS.ELA-Literacy.CCRA.R.3	Analyze how and why individuals, events, or ideas develop and interact over the course of a text.  <b><u>SEL Lessons</u></b> Self Management: Focus: Am I Focused? Self Management: Focus: Visualizing for Success Self Management: Goal Setting: My Goal Self Management: Problem Solving: Problem Maps Social Awareness : Empathy: Different Perspectives Social Skills: Conflict Resolution: Do It Better

**COURSE**                      **CCSS.ELA-Literacy.CCRA.R**                      **College and Career Readiness Anchor Standards for Reading**

<b>STRAND / CORE STANDARD</b>		<b>Craft and Structure</b>
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CORE STANDARD / STRAND	CCSS.ELA-Literacy.CCRA.R.4	Interpret words and phrases as they are used in a text, including determining technical, connotative, and figurative meanings, and analyze how specific word choices shape meaning or tone.
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**SEL Lessons**

Self Management: Focus: Visualizing for Success

CORE STANDARD / STRAND	CCSS.ELA-Literacy.CCRA.R.6	Assess how point of view or purpose shapes the content and style of a text.
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**SEL Lessons**

Self Management: Focus: Visualizing for Success

**COURSE**      **CCSS.ELA-Literacy.CCRA.R**      **College and Career Readiness Anchor Standards for Reading**

<b>STRAND / CORE STANDARD</b>		<b>Integration of Knowledge and Ideas</b>
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CORE STANDARD / STRAND	CCSS.ELA-Literacy.CCRA.R.7	Integrate and evaluate content presented in diverse media and formats, including visually and quantitatively, as well as in words.
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**SEL Lessons**

Self Management: Focus: Am I Focused?  
Self Management: Goal Setting: My Goal  
Self Management: Problem Solving: Problem Maps  
Social Awareness : Empathy: Different Perspectives  
Social Skills: Conflict Resolution: Do It Better

**COURSE**      **CCSS.ELA-Literacy.CCRA.R**      **College and Career Readiness Anchor Standards for Reading**

<b>STRAND / CORE STANDARD</b>		<b>Range of Reading and Level of Text Complexity</b>
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CORE STANDARD / STRAND	CCSS.ELA-Literacy.CCRA.R.10	Read and comprehend complex literary and informational texts independently and proficiently.
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**SEL Lessons**

Self Management: Focus: Am I Focused?  
Self Management: Focus: Visualizing for Success  
Self Management: Goal Setting: My Goal  
Self Management: Problem Solving: Problem Maps  
Social Awareness : Empathy: Different Perspectives  
Social Skills: Conflict Resolution: Do It Better

**COURSE**      **CCSS.ELA-Literacy.CCRA.W**      **College and Career Readiness Anchor Standards for Writing**

<b>STRAND / CORE STANDARD</b>		<b>Text Types and Purposes</b>
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CORE STANDARD / STRAND	CCSS.ELA-Literacy.CCRA.W.1	Write arguments to support claims in an analysis of substantive topics or texts using valid reasoning and relevant and sufficient evidence.
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**SEL Lessons**

Self Management: Focus: Visualizing for Success

**COURSE****CCSS.ELA-Literacy.CCRA.W****College and Career Readiness Anchor Standards for Writing****STRAND / CORE STANDARD****Production and Distribution of Writing**

CORE STANDARD / STRAND

CCSS.ELA-Literacy.CCRA.W.4

Produce clear and coherent writing in which the development, organization, and style are appropriate to task, purpose, and audience.

**SEL Lessons**

Awareness of Self & Others: Emotions: How Would You Feel?

Awareness of Self & Others: Learning Skills: Follow the Directions

Awareness of Self & Others: Self - Knowledge: What Am I Good At?

Self Management: Resilience: Everyday Courage

Self-Care: Mindfulness: Being Aware

Self-Care: Mindfulness: In The Moment

Self-Care: Optimism: Look for the Good

Self-Care: Optimism: Thankful

Self-Care: Self-Efficacy: Who Believes in You?

Social Awareness : Actions & Consequences: Good Choices

Social Skills: Conflict Resolution: Do It Better

Social Skills: Fairness: We All Have Rights

Social Skills: Respect: The 7 C's

CORE STANDARD / STRAND

CCSS.ELA-Literacy.CCRA.W.5

Develop and strengthen writing as needed by planning, revising, editing, rewriting, or trying a new approach.

**SEL Lessons**

Awareness of Self & Others: Emotions: How Would You Feel?

Awareness of Self & Others: Learning Skills: Follow the Directions

Awareness of Self & Others: Self - Knowledge: What Am I Good At?

Self Management: Resilience: Everyday Courage

Self-Care: Mindfulness: Being Aware

Self-Care: Mindfulness: In The Moment

Self-Care: Optimism: Look for the Good

Self-Care: Optimism: Thankful

Self-Care: Self-Efficacy: Who Believes in You?

Social Awareness : Actions & Consequences: Good Choices

Social Skills: Conflict Resolution: Do It Better

		Social Skills: Fairness: We All Have Rights Social Skills: Respect: The 7 C's
<b>COURSE</b>	<b>CCSS.ELA-Literacy.CCRA.W</b>	<b>College and Career Readiness Anchor Standards for Writing</b>
<b>STRAND / CORE STANDARD</b>		<b>Research to Build and Present Knowledge</b>
CORE STANDARD / STRAND	CCSS.ELA-Literacy.CCRA.W.7	Conduct short as well as more sustained research projects based on focused questions, demonstrating understanding of the subject under investigation.  <b><u>SEL Lessons</u></b> Social Awareness: Cultural Competence: SPOT the Stereotype
CORE STANDARD / STRAND	CCSS.ELA-Literacy.CCRA.W.8	Gather relevant information from multiple print and digital sources, assess the credibility and accuracy of each source, and integrate the information while avoiding plagiarism.  <b><u>SEL Lessons</u></b> Social Awareness: Cultural Competence: SPOT the Stereotype
CORE STANDARD / STRAND	CCSS.ELA-Literacy.CCRA.W.9	Draw evidence from literary or informational texts to support analysis, reflection, and research.  <b><u>SEL Lessons</u></b> Self Management: Focus: Visualizing for Success Social Awareness: Cultural Competence: SPOT the Stereotype

<b>COURSE</b>	<b>CCSS.ELA-Literacy.CCRA.W</b>	<b>College and Career Readiness Anchor Standards for Writing</b>
<b>STRAND / CORE STANDARD</b>		<b>Range of Writing</b>
CORE STANDARD / STRAND	CCSS.ELA-Literacy.CCRA.W.10	Write routinely over extended time frames (time for research, reflection, and revision) and shorter time frames (a single sitting or a day or two) for a range of tasks, purposes, and audiences.  <b><u>SEL Lessons</u></b> Awareness of Self & Others: Emotions: How Would You Feel? Awareness of Self & Others: Learning Skills: Follow the Directions Awareness of Self & Others: Self - Knowledge: What Am I Good At? Self Management: Resilience: Everyday Courage Self-Care: Mindfulness: Being Aware Self-Care: Mindfulness: In The Moment Self-Care: Optimism: Look for the Good

Self-Care: Optimism: Thankful  
 Self-Care: Self-Efficacy: Who Believes in You?  
 Social Awareness : Actions & Consequences: Good Choices  
 Social Awareness: Cultural Competence: SPOT the Stereotype  
 Social Skills: Conflict Resolution: Do It Better  
 Social Skills: Fairness: We All Have Rights  
 Social Skills: Respect: The 7 C's

**COURSE**                      **CCSS.ELA-Literacy.CCRA.SL**                      **College and Career Readiness Anchor Standards for Speaking and Listening**

<b>STRAND / CORE STANDARD</b>		<b>Comprehension and Collaboration</b>
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CORE STANDARD / STRAND	CCSS.ELA-Literacy.CCRA.SL.1	Prepare for and participate effectively in a range of conversations and collaborations with diverse partners, building on others' ideas and expressing their own clearly and persuasively.
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**SEL Lessons**

Awareness of Self & Others: Emotions: How Would You Feel?  
 Awareness of Self & Others: Emotions: My Emotional Brain  
 Awareness of Self & Others: Growth Mindset: A Good Mistake  
 Awareness of Self & Others: Growth Mindset: Part of the Group  
 Awareness of Self & Others: Learning Skills: Follow the Directions  
 Awareness of Self & Others: Learning Skills: My Study Skills  
 Awareness of Self & Others: Self - Knowledge: What Am I Good At?  
 Awareness of Self & Others: Self-Knowledge: Ignite Your Passion  
 Awareness of Self & Others: Values: Family Culture  
 Awareness of Self & Others: Values: Our Values  
 Awareness of Self & Others: Wants & Needs: Good Time to Ask  
 Awareness of Self & Others: Wants and Needs: Building Self-Esteem  
 Self Management: Focus: Am I Focused?  
 Self Management: Focus: Visualizing for Success  
 Self Management: Goal Setting: My Goal  
 Self Management: Goal Setting: Plan SMART  
 Self Management: Problem Solving: Evaluate the Solutions  
 Self Management: Problem Solving: Problem Maps  
 Self Management: Resilience: Challenges  
 Self Management: Resilience: Everyday Courage  
 Self Management: Self Control: Buy It

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Self Management: Self-Control: Let's Delay  
Self Management: Stress Management: Find the Funny  
Self Management: Stress Management: Rethink It!  
Self-Care: Healthy Boundaries: Too Much of a Good Thing?  
Self-Care: Healthy Boundaries: Your Limits  
Self-Care: Mindfulness: Being Aware  
Self-Care: Mindfulness: In The Moment  
Self-Care: Optimism: Look for the Good  
Self-Care: Optimism: Thankful  
Self-Care: Self-Advocacy: Get What You Need  
Self-Care: Self-Advocacy: On My Own  
Self-Care: Self-Compassion: Breathe Through It  
Self-Care: Self-Compassion: Turn it Around  
Self-Care: Self-Efficacy: One Step at a Time  
Self-Care: Self-Efficacy: Who Believes in You?  
Social Awareness : Actions & Consequences: Good Choices  
Social Awareness : Actions and Consequences: Positive Patterns  
Social Awareness : Cultural Competence: Cultural Differences  
Social Awareness : Empathy: Different Perspectives  
Social Awareness : Safe & Ethical Behavior: No Bullying Zone  
Social Awareness : Social Contributions: Helping My School  
Social Awareness : Social Contributions: C's the Opportunity  
Social Awareness : Support Systems: With A Little Help From My Friends  
Social Awareness: Cultural Competence: SPOT the Stereotype  
Social Awareness: Empathy: Developing Empathy  
Social Awareness: Safe and Ethical Behavior: Speak Out!  
Social Awareness: Support Systems: My TRIBE  
Social Skills: Conflict Resolution: Conversations to Resolve Conflict  
Social Skills: Conflict Resolution: Do It Better  
Social Skills: Cooperation: Make Your School Cool  
Social Skills: Cooperation: Operation: Cooperation  
Social Skills: Fairness: Speak Out for Fairness  
Social Skills: Fairness: We All Have Rights  
Social Skills: Friendship: Be Yourself  
Social Skills: Friendship: My Friends  
Social Skills: Relationships: Conversation Tips  
Social Skills: Relationships: KISS Peer Pressure Goodbye  
Social Skills: Respect: Respect  
Social Skills: Respect: The 7 C's

CORE STANDARD / STRAND	CCSS.ELA-Literacy.CCRA.SL.2	Integrate and evaluate information presented in diverse media and formats, including visually, quantitatively, and orally.
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### **SEL Lessons**

Awareness of Self & Others: Emotions: My Emotional Brain  
 Awareness of Self & Others: Growth Mindset: A Good Mistake  
 Awareness of Self & Others: Learning Skills: My Study Skills  
 Awareness of Self & Others: Self-Knowledge: Ignite Your Passion  
 Awareness of Self & Others: Values: Our Values  
 Awareness of Self & Others: Wants and Needs: Building Self-Esteem  
 Self Management: Focus: Visualizing for Success  
 Self Management: Goal Setting: Plan SMART  
 Self Management: Problem Solving: Evaluate the Solutions  
 Self Management: Resilience: Everyday Courage  
 Self Management: Self-Control: Let's Delay  
 Self Management: Stress Management: Find the Funny  
 Social Awareness : Social Contributions: C's the Opportunity  
 Social Awareness: Cultural Competence: SPOT the Stereotype  
 Social Awareness: Empathy: Developing Empathy  
 Social Awareness: Safe and Ethical Behavior: Speak Out!  
 Social Awareness: Support Systems: My TRIBE  
 Social Skills: Conflict Resolution: Conversations to Resolve Conflict  
 Social Skills: Cooperation: Operation: Cooperation  
 Social Skills: Fairness: Speak Out for Fairness  
 Social Skills: Friendship: Be Yourself  
 Social Skills: Relationships: KISS Peer Pressure Goodbye  
 Social Skills: Respect: The 7 C's

<b>COURSE</b>	<b>CCSS.ELA-Literacy.CCRA.L</b>	<b>College and Career Readiness Anchor Standards for Language</b>
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<b>STRAND / CORE STANDARD</b>		<b>Knowledge of Language</b>
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CORE STANDARD / STRAND	CCSS.ELA-Literacy.CCRA.L.3	Apply knowledge of language to understand how language functions in different contexts, to make effective choices for meaning or style, and to comprehend more fully when reading or listening.
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### **SEL Lessons**

Self Management: Focus: Visualizing for Success

**COURSE**                      **CCSS.ELA-Literacy.CCRA.L**                      **College and Career Readiness Anchor Standards for Language**

<b>STRAND / CORE STANDARD</b>		<b>Vocabulary Acquisition and Use</b>
CORE STANDARD / STRAND	CCSS.ELA-Literacy.CCRA.L.4	Determine or clarify the meaning of unknown and multiple-meaning words and phrases by using context clues, analyzing meaningful word parts, and consulting general and specialized reference materials, as appropriate.  <b><u>SEL Lessons</u></b> Self Management: Focus: Visualizing for Success
CORE STANDARD / STRAND	CCSS.ELA-Literacy.CCRA.L.6	Acquire and use accurately a range of general academic and domain-specific words and phrases sufficient for reading, writing, speaking, and listening at the college and career readiness level; demonstrate independence in gathering vocabulary knowledge when encountering an unknown term important to comprehension or expression.  <b><u>SEL Lessons</u></b> Self Management: Focus: Visualizing for Success

**Common Core College and Career Readiness Anchor Standards**  
**Language Arts**

Grade: **9** - Adopted: **2010**

**COURSE**                      **CCSS.ELA-Literacy.CCRA.R**                      **College and Career Readiness Anchor Standards for Reading**

<b>STRAND / CORE STANDARD</b>		<b>Key Ideas and Details</b>
CORE STANDARD / STRAND	CCSS.ELA-Literacy.CCRA.R.1	Read closely to determine what the text says explicitly and to make logical inferences from it; cite specific textual evidence when writing or speaking to support conclusions drawn from the text.  <b><u>SEL Lessons</u></b> Awareness of Self & Others: Learning Skills: Getting Organized Self Management: Goal Setting: Get SMART Self Management: Problem Solving: What Will Work? Self-Care: Healthy Boundaries: Healthy Body, Happy Heart Self-Care: Self-Advocacy: Speak Up Self-Care: Self-Compassion: Be Kind to Yourself Social Awareness : Empathy: Showing Empathy Social Awareness : Social Contributions: Community Volunteer

		Social Skills: Friendship: Types of Friends Social Skills: Relationships: Relationships
CORE STANDARD / STRAND	CCSS.ELA- Literacy.CCRA.R.2	Determine central ideas or themes of a text and analyze their development; summarize the key supporting details and ideas.  <b><u>SEL Lessons</u></b> Awareness of Self & Others: Learning Skills: Getting Organized Self Management: Goal Setting: Get SMART Self Management: Problem Solving: What Will Work? Self-Care: Healthy Boundaries: Healthy Body, Happy Heart Self-Care: Self-Advocacy: Speak Up Self-Care: Self-Compassion: Be Kind to Yourself Social Awareness : Empathy: Showing Empathy Social Awareness : Social Contributions: Community Volunteer Social Skills: Friendship: Types of Friends Social Skills: Relationships: Relationships

CORE STANDARD / STRAND	CCSS.ELA- Literacy.CCRA.R.3	Analyze how and why individuals, events, or ideas develop and interact over the course of a text.  <b><u>SEL Lessons</u></b> Awareness of Self & Others: Learning Skills: Getting Organized Self Management: Goal Setting: Get SMART Self Management: Problem Solving: What Will Work? Self-Care: Healthy Boundaries: Healthy Body, Happy Heart Self-Care: Self-Advocacy: Speak Up Self-Care: Self-Compassion: Be Kind to Yourself Social Awareness : Empathy: Showing Empathy Social Awareness : Social Contributions: Community Volunteer Social Skills: Friendship: Types of Friends Social Skills: Relationships: Relationships
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<b>COURSE</b>	<b>CCSS.ELA- Literacy.CCRA.R</b>	<b>College and Career Readiness Anchor Standards for Reading</b>
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<b>STRAND / CORE STANDARD</b>		<b>Craft and Structure</b>
CORE STANDARD / STRAND	CCSS.ELA- Literacy.CCRA.R.4	Interpret words and phrases as they are used in a text, including determining technical, connotative, and figurative meanings, and analyze how specific word choices shape meaning or tone.

**SEL Lessons**

		Awareness of Self & Others: Learning Skills: Getting Organized
CORE STANDARD / STRAND	CCSS.ELA-Literacy.CCRA.R.6	Assess how point of view or purpose shapes the content and style of a text.

#### **SEL Lessons**

Awareness of Self & Others: Learning Skills: Getting Organized

### **COURSE**      **CCSS.ELA-Literacy.CCRA.R**      **College and Career Readiness Anchor Standards for Reading**

<b>STRAND / CORE STANDARD</b>		<b>Integration of Knowledge and Ideas</b>
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CORE STANDARD / STRAND	CCSS.ELA-Literacy.CCRA.R.7	Integrate and evaluate content presented in diverse media and formats, including visually and quantitatively, as well as in words.
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#### **SEL Lessons**

Self Management: Goal Setting: Get SMART  
 Self Management: Problem Solving: What Will Work?  
 Self-Care: Healthy Boundaries: Healthy Body, Happy Heart  
 Self-Care: Self-Advocacy: Speak Up  
 Self-Care: Self-Compassion: Be Kind to Yourself  
 Social Awareness : Empathy: Showing Empathy  
 Social Awareness : Social Contributions: Community Volunteer  
 Social Skills: Friendship: Types of Friends  
 Social Skills: Relationships: Relationships

### **COURSE**      **CCSS.ELA-Literacy.CCRA.R**      **College and Career Readiness Anchor Standards for Reading**

<b>STRAND / CORE STANDARD</b>		<b>Range of Reading and Level of Text Complexity</b>
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CORE STANDARD / STRAND	CCSS.ELA-Literacy.CCRA.R.10	Read and comprehend complex literary and informational texts independently and proficiently.
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#### **SEL Lessons**

Awareness of Self & Others: Learning Skills: Getting Organized  
 Self Management: Goal Setting: Get SMART  
 Self Management: Problem Solving: What Will Work?  
 Self-Care: Healthy Boundaries: Healthy Body, Happy Heart  
 Self-Care: Self-Advocacy: Speak Up  
 Self-Care: Self-Compassion: Be Kind to Yourself  
 Social Awareness : Empathy: Showing Empathy  
 Social Awareness : Social Contributions:



		Community Volunteer Social Skills: Friendship: Types of Friends Social Skills: Relationships: Relationships
<b>COURSE</b>	<b>CCSS.ELA-Literacy.CCRA.W</b>	<b>College and Career Readiness Anchor Standards for Writing</b>
<b>STRAND / CORE STANDARD</b>		<b>Text Types and Purposes</b>
CORE STANDARD / STRAND	CCSS.ELA-Literacy.CCRA.W.1	Write arguments to support claims in an analysis of substantive topics or texts using valid reasoning and relevant and sufficient evidence.  <b><u>SEL Lessons</u></b> Awareness of Self & Others: Learning Skills: Getting Organized
<b>COURSE</b>	<b>CCSS.ELA-Literacy.CCRA.W</b>	<b>College and Career Readiness Anchor Standards for Writing</b>
<b>STRAND / CORE STANDARD</b>		<b>Production and Distribution of Writing</b>
CORE STANDARD / STRAND	CCSS.ELA-Literacy.CCRA.W.4	Produce clear and coherent writing in which the development, organization, and style are appropriate to task, purpose, and audience.  <b><u>SEL Lessons</u></b> Awareness of Self & Others: Self - Knowledge: Who Am I? Self Management: Goal Setting: Get SMART Self Management: Problem Solving: What Will Work? Self Management: Self Control: Savings Self Management: Stress Management: Calm, Cool, and Collected Self-Care: Healthy Boundaries: Healthy Body, Happy Heart Self-Care: Self-Compassion: Self-Compassion Self-Care: Self-Efficacy: Let Go of Limiting Beliefs Social Awareness : Actions & Consequences: Paving the Path for Success Social Skills: Friendship: Types of Friends
CORE STANDARD / STRAND	CCSS.ELA-Literacy.CCRA.W.5	Develop and strengthen writing as needed by planning, revising, editing, rewriting, or trying a new approach.  <b><u>SEL Lessons</u></b> Awareness of Self & Others: Self - Knowledge: Who Am I? Self Management: Goal Setting: Get SMART Self Management: Problem Solving: What Will Work?

Self Management: Self Control: Savings  
 Self Management: Stress Management: Calm, Cool, and Collected  
 Self-Care: Healthy Boundaries: Healthy Body, Happy Heart  
 Self-Care: Self-Compassion: Self-Compassion  
 Self-Care: Self-Efficacy: Let Go of Limiting Beliefs  
 Social Awareness : Actions & Consequences: Paving the Path for Success  
 Social Skills: Friendship: Types of Friends

**COURSE**                      **CCSS.ELA-Literacy.CCRA.W**                      **College and Career Readiness Anchor Standards for Writing**

<b>STRAND / CORE STANDARD</b>		<b>Research to Build and Present Knowledge</b>
CORE STANDARD / STRAND	CCSS.ELA-Literacy.CCRA.W.7	<p>Conduct short as well as more sustained research projects based on focused questions, demonstrating understanding of the subject under investigation.</p> <p><b><u>SEL Lessons</u></b>            Social Awareness : Cultural Competence: Culture Research            Social Skills: Respect: Respecting Authority</p>
CORE STANDARD / STRAND	CCSS.ELA-Literacy.CCRA.W.8	<p>Gather relevant information from multiple print and digital sources, assess the credibility and accuracy of each source, and integrate the information while avoiding plagiarism.</p> <p><b><u>SEL Lessons</u></b>            Social Awareness : Cultural Competence: Culture Research            Social Skills: Respect: Respecting Authority</p>
CORE STANDARD / STRAND	CCSS.ELA-Literacy.CCRA.W.9	<p>Draw evidence from literary or informational texts to support analysis, reflection, and research.</p> <p><b><u>SEL Lessons</u></b>            Awareness of Self &amp; Others: Learning Skills: Getting Organized            Social Awareness : Cultural Competence: Culture Research            Social Skills: Respect: Respecting Authority</p>

**COURSE**                      **CCSS.ELA-Literacy.CCRA.W**                      **College and Career Readiness Anchor Standards for Writing**

<b>STRAND / CORE STANDARD</b>		<b>Range of Writing</b>
CORE STANDARD / STRAND	CCSS.ELA-Literacy.CCRA.W.10	<p>Write routinely over extended time frames (time for research, reflection, and revision) and shorter time frames (a single sitting or a day or two) for a range of tasks, purposes, and audiences.</p>

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**SEL Lessons**

Awareness of Self & Others: Self - Knowledge: Who Am I?

Self Management: Goal Setting: Get SMART

Self Management: Problem Solving: What Will Work?

Self Management: Self Control: Savings

Self Management: Stress Management: Calm, Cool, and Collected

Self-Care: Healthy Boundaries: Healthy Body, Happy Heart

Self-Care: Self-Compassion: Self-Compassion

Self-Care: Self-Efficacy: Let Go of Limiting Beliefs

Social Awareness : Actions & Consequences:

Paving the Path for Success

Social Skills: Friendship: Types of Friends

**COURSE****CCSS.ELA-****Literacy.CCRA.SL****College and Career Readiness Anchor Standards for Speaking and Listening****STRAND / CORE STANDARD****Comprehension and Collaboration**

CORE STANDARD / STRAND

CCSS.ELA-Literacy.CCRA.SL.1

Prepare for and participate effectively in a range of conversations and collaborations with diverse partners, building on others' ideas and expressing their own clearly and persuasively.

**SEL Lessons**

Awareness of Self & Others: Emotions: Emotions and Behavior

Awareness of Self & Others: Emotions: Waves of Emotion

Awareness of Self & Others: Growth Mindset: Failure Is an Option

Awareness of Self & Others: Growth Mindset: My New Group

Awareness of Self & Others: Learning Skills: Getting Organized

Awareness of Self & Others: Learning Skills: Remember This

Awareness of Self & Others: Self - Knowledge: Who Am I?

Awareness of Self & Others: Self-Knowledge: You Got Personality

Awareness of Self & Others: Values: My Values

Awareness of Self & Others: Values: Respecting Our Values

Awareness of Self & Others: Wants & Needs: We Are Different

Awareness of Self & Others: Wants and Needs: Reaching My Potential

Self Management: Focus: Distract Me Not

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Self Management: Focus: Overcoming Distractions  
Self Management: Goal Setting: Get SMART  
Self Management: Goal Setting: Work the Plan  
Self Management: Problem Solving: Pick the Best Solution  
Self Management: Problem Solving: What Will Work?  
Self Management: Resilience: Strength from Support  
Self Management: Resilience: When Things Get Hard  
Self Management: Self Control: Savings  
Self Management: Self-Control: Weathering the Whirlwind  
Self Management: Stress Management: Calm, Cool, and Collected  
Self Management: Stress Management: Face Your Fear  
Self-Care: Healthy Boundaries: Healthy Body, Happy Heart  
Self-Care: Healthy Boundaries: Personal Boundaries  
Self-Care: Mindfulness: Being Mindful  
Self-Care: Mindfulness: Being Mindful  
Self-Care: Optimism: Becoming an Optimist  
Self-Care: Optimism: Yay Optimism!  
Self-Care: Self-Advocacy: Advocate for Yourself  
Self-Care: Self-Advocacy: Speak Up  
Self-Care: Self-Compassion: Be Kind to Yourself  
Self-Care: Self-Compassion: Self-Compassion  
Self-Care: Self-Efficacy: Believe in Yourself!  
Self-Care: Self-Efficacy: Let Go of Limiting Beliefs  
Social Awareness : Actions & Consequences: Paving the Path for Success  
Social Awareness : Actions and Consequences: Decisions, Decisions, Decisions  
Social Awareness : Cultural Competence: Culture Research  
Social Awareness : Empathy: Showing Empathy  
Social Awareness : Safe & Ethical Behavior: Keeping Safe  
Social Awareness : Social Contributions: Community Volunteer  
Social Awareness : Social Contributions: Passion to CARE  
Social Awareness : Support Systems: It Takes a Village  
Social Awareness: Cultural Competence: STOP Stereotyping  
Social Awareness: Empathy: Empathy Busters  
Social Awareness: Safe and Ethical Behavior: THINK Before You Post  
Social Awareness: Support Systems: Stress Busters!

		Social Skills: Conflict Resolution: 6 Steps for Peace Social Skills: Conflict Resolution: Win-Win Solutions Social Skills: Cooperation: Giving and Receiving Feedback Social Skills: Cooperation: Thanks for the Feedback! Social Skills: Fairness: Fair vs. Equal Social Skills: Fairness: Fairness Social Skills: Friendship: Be a Good Friend Social Skills: Friendship: Types of Friends Social Skills: Relationships: Groups or Cliques Social Skills: Relationships: Relationships Social Skills: Respect: Respect Yourself Social Skills: Respect: Respecting Authority
CORE STANDARD / STRAND	CCSS.ELA-Literacy.CCRA.SL.2	Integrate and evaluate information presented in diverse media and formats, including visually, quantitatively, and orally.

### **SEL Lessons**

Awareness of Self & Others: Emotions: Waves of Emotion  
 Awareness of Self & Others: Growth Mindset: Failure Is an Option  
 Awareness of Self & Others: Learning Skills: Getting Organized  
 Awareness of Self & Others: Self-Knowledge: You Got Personality  
 Awareness of Self & Others: Values: Respecting Our Values  
 Awareness of Self & Others: Wants and Needs: Reaching My Potential  
 Self Management: Focus: Overcoming Distractions  
 Self Management: Goal Setting: Work the Plan  
 Self Management: Problem Solving: Pick the Best Solution  
 Self Management: Resilience: Strength from Support  
 Self Management: Self-Control: Weathering the Whirlwind  
 Self Management: Stress Management: Face Your Fear  
 Social Awareness : Social Contributions: Passion to CARE  
 Social Awareness: Cultural Competence: STOP Stereotyping  
 Social Awareness: Empathy: Empathy Busters  
 Social Awareness: Safe and Ethical Behavior: THINK Before You Post  
 Social Awareness: Support Systems: Stress Busters!  
 Social Skills: Conflict Resolution: Win-Win Solutions  
 Social Skills: Cooperation: Giving and Receiving

Feedback  
 Social Skills: Fairness: Fair vs. Equal  
 Social Skills: Friendship: Be a Good Friend  
 Social Skills: Relationships: Groups or Cliques  
 Social Skills: Respect: Respect Yourself

**COURSE**                      **CCSS.ELA-Literacy.CCRA.L**                      **College and Career Readiness Anchor Standards for Language**

**STRAND / CORE STANDARD**

**Knowledge of Language**

CORE STANDARD / STRAND      CCSS.ELA-Literacy.CCRA.L.3      Apply knowledge of language to understand how language functions in different contexts, to make effective choices for meaning or style, and to comprehend more fully when reading or listening.

**SEL Lessons**

Awareness of Self & Others: Learning Skills: Getting Organized

**COURSE**                      **CCSS.ELA-Literacy.CCRA.L**                      **College and Career Readiness Anchor Standards for Language**

**STRAND / CORE STANDARD**

**Vocabulary Acquisition and Use**

CORE STANDARD / STRAND      CCSS.ELA-Literacy.CCRA.L.4      Determine or clarify the meaning of unknown and multiple-meaning words and phrases by using context clues, analyzing meaningful word parts, and consulting general and specialized reference materials, as appropriate.

**SEL Lessons**

Awareness of Self & Others: Learning Skills: Getting Organized

CORE STANDARD / STRAND      CCSS.ELA-Literacy.CCRA.L.6      Acquire and use accurately a range of general academic and domain-specific words and phrases sufficient for reading, writing, speaking, and listening at the college and career readiness level; demonstrate independence in gathering vocabulary knowledge when encountering an unknown term important to comprehension or expression.

**SEL Lessons**

Awareness of Self & Others: Learning Skills: Getting Organized

**Common Core College and Career Readiness Anchor Standards  
 Language Arts**

Grade: **10** - Adopted: **2010**

**COURSE**                      **CCSS.ELA-Literacy.CCRA.R**                      **College and Career Readiness Anchor Standards for Reading**

<b>STRAND / CORE STANDARD</b>		<b>Key Ideas and Details</b>
CORE STANDARD / STRAND	CCSS.ELA-Literacy.CCRA.R.1	<p>Read closely to determine what the text says explicitly and to make logical inferences from it; cite specific textual evidence when writing or speaking to support conclusions drawn from the text.</p> <p><b><u>SEL Lessons</u></b>            Self Management: Goal Setting: Get SMART            Self Management: Problem Solving: What Will Work?            Self-Care: Healthy Boundaries: Healthy Body, Happy Heart            Self-Care: Self-Advocacy: Speak Up            Self-Care: Self-Compassion: Be Kind to Yourself            Social Awareness : Empathy: Showing Empathy            Social Awareness : Social Contributions: Community Volunteer            Social Skills: Friendship: Types of Friends            Social Skills: Relationships: Relationships            Social Skills: Respect: SALT Shaker</p>
CORE STANDARD / STRAND	CCSS.ELA-Literacy.CCRA.R.2	<p>Determine central ideas or themes of a text and analyze their development; summarize the key supporting details and ideas.</p> <p><b><u>SEL Lessons</u></b>            Self Management: Goal Setting: Get SMART            Self Management: Problem Solving: What Will Work?            Self-Care: Healthy Boundaries: Healthy Body, Happy Heart            Self-Care: Self-Advocacy: Speak Up            Self-Care: Self-Compassion: Be Kind to Yourself            Social Awareness : Empathy: Showing Empathy            Social Awareness : Social Contributions: Community Volunteer            Social Skills: Friendship: Types of Friends            Social Skills: Relationships: Relationships            Social Skills: Respect: SALT Shaker</p>
CORE STANDARD / STRAND	CCSS.ELA-Literacy.CCRA.R.3	<p>Analyze how and why individuals, events, or ideas develop and interact over the course of a text.</p> <p><b><u>SEL Lessons</u></b>            Self Management: Goal Setting: Get SMART            Self Management: Problem Solving: What Will Work?            Self-Care: Healthy Boundaries: Healthy Body, Happy Heart</p>

Self-Care: Self-Advocacy: Speak Up  
 Self-Care: Self-Compassion: Be Kind to Yourself  
 Social Awareness : Empathy: Showing Empathy  
 Social Awareness : Social Contributions: Community Volunteer  
 Social Skills: Friendship: Types of Friends  
 Social Skills: Relationships: Relationships  
 Social Skills: Respect: SALT Shaker

**COURSE**                      **CCSS.ELA-Literacy.CCRA.R**                      **College and Career Readiness Anchor Standards for Reading**

<b>STRAND / CORE STANDARD</b>		<b>Craft and Structure</b>
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CORE STANDARD / STRAND	CCSS.ELA-Literacy.CCRA.R.4	Interpret words and phrases as they are used in a text, including determining technical, connotative, and figurative meanings, and analyze how specific word choices shape meaning or tone.
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**SEL Lessons**

Social Skills: Respect: SALT Shaker

CORE STANDARD / STRAND	CCSS.ELA-Literacy.CCRA.R.6	Assess how point of view or purpose shapes the content and style of a text.
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**SEL Lessons**

Social Skills: Respect: SALT Shaker

**COURSE**                      **CCSS.ELA-Literacy.CCRA.R**                      **College and Career Readiness Anchor Standards for Reading**

<b>STRAND / CORE STANDARD</b>		<b>Integration of Knowledge and Ideas</b>
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CORE STANDARD / STRAND	CCSS.ELA-Literacy.CCRA.R.7	Integrate and evaluate content presented in diverse media and formats, including visually and quantitatively, as well as in words.
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**SEL Lessons**

Self Management: Goal Setting: Get SMART  
 Self Management: Problem Solving: What Will Work?  
 Self-Care: Healthy Boundaries: Healthy Body, Happy Heart  
 Self-Care: Self-Advocacy: Speak Up  
 Self-Care: Self-Compassion: Be Kind to Yourself  
 Social Awareness : Empathy: Showing Empathy  
 Social Awareness : Social Contributions: Community Volunteer  
 Social Skills: Friendship: Types of Friends  
 Social Skills: Relationships: Relationships

**COURSE**                      **CCSS.ELA-Literacy.CCRA.R**                      **College and Career Readiness Anchor Standards for Reading**



<b>STRAND / CORE STANDARD</b>		<b>Range of Reading and Level of Text Complexity</b>
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CORE STANDARD / STRAND	CCSS.ELA-Literacy.CCRA.R.10	Read and comprehend complex literary and informational texts independently and proficiently.
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**SEL Lessons**

Self Management: Goal Setting: Get SMART  
 Self Management: Problem Solving: What Will Work?  
 Self-Care: Healthy Boundaries: Healthy Body, Happy Heart  
 Self-Care: Self-Advocacy: Speak Up  
 Self-Care: Self-Compassion: Be Kind to Yourself  
 Social Awareness : Empathy: Showing Empathy  
 Social Awareness : Social Contributions: Community Volunteer  
 Social Skills: Friendship: Types of Friends  
 Social Skills: Relationships: Relationships  
 Social Skills: Respect: SALT Shaker

<b>COURSE</b>	<b>CCSS.ELA-Literacy.CCRA.W</b>	<b>College and Career Readiness Anchor Standards for Writing</b>
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<b>STRAND / CORE STANDARD</b>		<b>Text Types and Purposes</b>
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CORE STANDARD / STRAND	CCSS.ELA-Literacy.CCRA.W.1	Write arguments to support claims in an analysis of substantive topics or texts using valid reasoning and relevant and sufficient evidence.
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**SEL Lessons**

Social Skills: Respect: SALT Shaker

<b>COURSE</b>	<b>CCSS.ELA-Literacy.CCRA.W</b>	<b>College and Career Readiness Anchor Standards for Writing</b>
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<b>STRAND / CORE STANDARD</b>		<b>Production and Distribution of Writing</b>
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CORE STANDARD / STRAND	CCSS.ELA-Literacy.CCRA.W.4	Produce clear and coherent writing in which the development, organization, and style are appropriate to task, purpose, and audience.
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**SEL Lessons**

Awareness of Self & Others: Self - Knowledge: Who Am I?  
 Self Management: Goal Setting: Get SMART  
 Self Management: Goal Setting: Make a Comeback  
 Self Management: Problem Solving: What Will Work?  
 Self Management: Self Control: Savings  
 Self Management: Stress Management: Calm, Cool, and Collected  
 Self-Care: Healthy Boundaries: Healthy Body, Happy Heart

		<p>Social Awareness : Actions &amp; Consequences: Paving the Path for Success</p> <p>Social Skills: Conflict Resolution: Conflict Communication</p> <p>Social Skills: Friendship: Types of Friends</p>
CORE STANDARD / STRAND	CCSS.ELA-Literacy.CCRA.W.5	Develop and strengthen writing as needed by planning, revising, editing, rewriting, or trying a new approach.

### **SEL Lessons**

Awareness of Self & Others: Self - Knowledge: Who Am I?

Self Management: Goal Setting: Get SMART

Self Management: Goal Setting: Make a Comeback

Self Management: Problem Solving: What Will Work?

Self Management: Self Control: Savings

Self Management: Stress Management: Calm, Cool, and Collected

Self-Care: Healthy Boundaries: Healthy Body, Happy Heart

Social Awareness : Actions & Consequences: Paving the Path for Success

Social Skills: Friendship: Types of Friends

## **COURSE**                      **CCSS.ELA-Literacy.CCRA.W**                      **College and Career Readiness Anchor Standards for Writing**

<b>STRAND / CORE STANDARD</b>		<b>Research to Build and Present Knowledge</b>
CORE STANDARD / STRAND	CCSS.ELA-Literacy.CCRA.W.7	<p>Conduct short as well as more sustained research projects based on focused questions, demonstrating understanding of the subject under investigation.</p> <p><b><u>SEL Lessons</u></b></p> <p>Social Awareness : Cultural Competence: Culture Research</p> <p>Social Skills: Conflict Resolution: Conflict Communication</p> <p>Social Skills: Respect: Respecting Authority</p>
CORE STANDARD / STRAND	CCSS.ELA-Literacy.CCRA.W.8	<p>Gather relevant information from multiple print and digital sources, assess the credibility and accuracy of each source, and integrate the information while avoiding plagiarism.</p> <p><b><u>SEL Lessons</u></b></p> <p>Social Awareness : Cultural Competence: Culture Research</p> <p>Social Skills: Conflict Resolution: Conflict Communication</p> <p>Social Skills: Respect: Respecting Authority</p>

CORE STANDARD / STRAND	CCSS.ELA-Literacy.CCRA.W.9	Draw evidence from literary or informational texts to support analysis, reflection, and research.
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#### **SEL Lessons**

Social Awareness : Cultural Competence: Culture Research  
 Social Skills: Conflict Resolution: Conflict Communication  
 Social Skills: Respect: Respecting Authority  
 Social Skills: Respect: SALT Shaker

<b>COURSE</b>	<b>CCSS.ELA-Literacy.CCRA.W</b>	<b>College and Career Readiness Anchor Standards for Writing</b>
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<b>STRAND / CORE STANDARD</b>		<b>Range of Writing</b>
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CORE STANDARD / STRAND	CCSS.ELA-Literacy.CCRA.W.10	Write routinely over extended time frames (time for research, reflection, and revision) and shorter time frames (a single sitting or a day or two) for a range of tasks, purposes, and audiences.
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#### **SEL Lessons**

Awareness of Self & Others: Self - Knowledge: Who Am I?  
 Self Management: Goal Setting: Get SMART  
 Self Management: Goal Setting: Make a Comeback  
 Self Management: Problem Solving: What Will Work?  
 Self Management: Self Control: Savings  
 Self Management: Stress Management: Calm, Cool, and Collected  
 Self-Care: Healthy Boundaries: Healthy Body, Happy Heart  
 Social Awareness : Actions & Consequences: Paving the Path for Success  
 Social Skills: Conflict Resolution: Conflict Communication  
 Social Skills: Friendship: Types of Friends

<b>COURSE</b>	<b>CCSS.ELA-Literacy.CCRA.SL</b>	<b>College and Career Readiness Anchor Standards for Speaking and Listening</b>
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<b>STRAND / CORE STANDARD</b>		<b>Comprehension and Collaboration</b>
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CORE STANDARD / STRAND	CCSS.ELA-Literacy.CCRA.SL.1	Prepare for and participate effectively in a range of conversations and collaborations with diverse partners, building on others' ideas and expressing their own clearly and persuasively.
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#### **SEL Lessons**

Awareness of Self & Others: Emotions: Emotions and Behavior  
 Awareness of Self & Others: Emotions: Shades of

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Emotion

Awareness of Self & Others: Growth Mindset:

Beyond Failure

Awareness of Self & Others: Growth Mindset: My  
New Group

Awareness of Self & Others: Learning Skills:

Remember This

Awareness of Self & Others: Learning Skills: Study  
Smarter

Awareness of Self & Others: Self - Knowledge: Who  
Am I?

Awareness of Self & Others: Self-Knowledge:

What's Your Purpose?

Awareness of Self & Others: Values: My Values

Awareness of Self & Others: Values: Value of  
Choice

Awareness of Self & Others: Wants & Needs: We  
Are Different

Awareness of Self & Others: Wants and Needs:  
CREATE!

Self Management: Focus: Distract Me Not

Self Management: Focus: In Focus

Self Management: Goal Setting: Get SMART

Self Management: Goal Setting: Make a Comeback

Self Management: Problem Solving: Facts, Not  
Feelings

Self Management: Problem Solving: What Will  
Work?

Self Management: Resilience: Everyday Resilience

Self Management: Resilience: When Things Get  
Hard

Self Management: Self Control: Savings

Self Management: Self-Control: Habit Help

Self Management: Stress Management: Calm, Cool,  
and Collected

Self Management: Stress Management: Got Stress?

Self-Care: Healthy Boundaries: Beliefs, Values, and  
Boundaries

Self-Care: Healthy Boundaries: Healthy Body,  
Happy Heart

Self-Care: Mindfulness: Being Mindful

Self-Care: Mindfulness: Practicing Mindfulness

Self-Care: Optimism: Focus on Optimism

Self-Care: Optimism: Yay Optimism!

Self-Care: Self-Advocacy: It's Up to You

Self-Care: Self-Advocacy: Speak Up

Self-Care: Self-Compassion: Accepting Yourself

Self-Care: Self-Compassion: Be Kind to Yourself

Self-Care: Self-Efficacy: Belief to Reach a Goal

Self-Care: Self-Efficacy: Believe in Yourself!

Social Awareness : Actions & Consequences: Paving  
the Path for Success

Social Awareness : Actions and Consequences:

		<p>Cyber Consequences</p> <p>Social Awareness : Cultural Competence: Culture Research</p> <p>Social Awareness : Empathy: Showing Empathy</p> <p>Social Awareness : Safe &amp; Ethical Behavior: Keeping Safe</p> <p>Social Awareness : Social Contributions: Community Volunteer</p> <p>Social Awareness : Social Contributions: Make a Difference!</p> <p>Social Awareness : Support Systems: It Takes a Village</p> <p>Social Awareness: Cultural Competence: Cultural Competence</p> <p>Social Awareness: Empathy: Resolving Conflicts with Empathy</p> <p>Social Awareness: Safe and Ethical Behavior: Risk-Taking</p> <p>Social Awareness: Support Systems: Support Systems and Role Models</p> <p>Social Skills: Conflict Resolution: 6 Steps for Peace</p> <p>Social Skills: Conflict Resolution: Conflict Communication</p> <p>Social Skills: Cooperation: Make the Dream Work</p> <p>Social Skills: Cooperation: Thanks for the Feedback!</p> <p>Social Skills: Fairness: Fairness</p> <p>Social Skills: Fairness: Our Human Rights</p> <p>Social Skills: Friendship: Circles of Friendship</p> <p>Social Skills: Friendship: Types of Friends</p> <p>Social Skills: Relationships: Relationships</p> <p>Social Skills: Relationships: Roles and Relationships</p> <p>Social Skills: Respect: Respecting Authority</p> <p>Social Skills: Respect: SALT Shaker</p>
CORE STANDARD / STRAND	CCSS.ELA-Literacy.CCRA.SL.2	<p>Integrate and evaluate information presented in diverse media and formats, including visually, quantitatively, and orally.</p> <p><b><u>SEL Lessons</u></b></p> <p>Awareness of Self &amp; Others: Emotions: Shades of Emotion</p> <p>Awareness of Self &amp; Others: Growth Mindset: Beyond Failure</p> <p>Awareness of Self &amp; Others: Learning Skills: Study Smarter</p> <p>Awareness of Self &amp; Others: Self-Knowledge: What's Your Purpose?</p> <p>Awareness of Self &amp; Others: Values: Value of Choice</p> <p>Awareness of Self &amp; Others: Wants and Needs: CREATE!</p> <p>Self Management: Focus: In Focus</p>

Self Management: Goal Setting: Make a Comeback  
 Self Management: Problem Solving: Facts, Not Feelings  
 Self Management: Resilience: Everyday Resilience  
 Self Management: Self-Control: Habit Help  
 Self Management: Stress Management: Got Stress?  
 Social Awareness : Social Contributions: Make a Difference!  
 Social Awareness: Cultural Competence: Cultural Competence  
 Social Awareness: Empathy: Resolving Conflicts with Empathy  
 Social Awareness: Safe and Ethical Behavior: Risk-Taking  
 Social Awareness: Support Systems: Support Systems and Role Models  
 Social Skills: Conflict Resolution: Conflict Communication  
 Social Skills: Cooperation: Make the Dream Work  
 Social Skills: Fairness: Our Human Rights  
 Social Skills: Friendship: Circles of Friendship  
 Social Skills: Relationships: Roles and Relationships  
 Social Skills: Respect: SALT Shaker

**COURSE** **CCSS.ELA-Literacy.CCRA.L** **College and Career Readiness Anchor Standards for Language**

**STRAND / CORE STANDARD** **Knowledge of Language**

CORE STANDARD / STRAND CCSS.ELA-Literacy.CCRA.L.3 Apply knowledge of language to understand how language functions in different contexts, to make effective choices for meaning or style, and to comprehend more fully when reading or listening.

**SEL Lessons**

Social Skills: Respect: SALT Shaker

**COURSE** **CCSS.ELA-Literacy.CCRA.L** **College and Career Readiness Anchor Standards for Language**

**STRAND / CORE STANDARD** **Vocabulary Acquisition and Use**

CORE STANDARD / STRAND CCSS.ELA-Literacy.CCRA.L.4 Determine or clarify the meaning of unknown and multiple-meaning words and phrases by using context clues, analyzing meaningful word parts, and consulting general and specialized reference materials, as appropriate.

**SEL Lessons**

Social Skills: Respect: SALT Shaker

CORE STANDARD / STRAND CCSS.ELA-Literacy.CCRA.L.6 Acquire and use accurately a range of general academic and domain-specific words and phrases

sufficient for reading, writing, speaking, and listening at the college and career readiness level; demonstrate independence in gathering vocabulary knowledge when encountering an unknown term important to comprehension or expression.

### **SEL Lessons**

Social Skills: Respect: SALT Shaker

## **Common Core College and Career Readiness Anchor Standards**

### **Language Arts**

Grade: **11** - Adopted: **2010**

<b>COURSE</b>	<b>CCSS.ELA-Literacy.CCRA.R</b>	<b>College and Career Readiness Anchor Standards for Reading</b>
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STRAND / CORE STANDARD		Key Ideas and Details
CORE STANDARD / STRAND	CCSS.ELA-Literacy.CCRA.R.1	<p>Read closely to determine what the text says explicitly and to make logical inferences from it; cite specific textual evidence when writing or speaking to support conclusions drawn from the text.</p> <p><b><u>SEL Lessons</u></b>            Self Management: Goal Setting: Get SMART            Self Management: Problem Solving: What Will Work?            Self-Care: Healthy Boundaries: Healthy Body, Happy Heart            Self-Care: Self-Advocacy: Speak Up            Self-Care: Self-Compassion: Be Kind to Yourself            Social Awareness : Empathy: Showing Empathy            Social Awareness : Social Contributions: Community Volunteer            Social Skills: Fairness: Empathy and Human Rights            Social Skills: Friendship: Types of Friends            Social Skills: Relationships: Relationships</p>
CORE STANDARD / STRAND	CCSS.ELA-Literacy.CCRA.R.2	<p>Determine central ideas or themes of a text and analyze their development; summarize the key supporting details and ideas.</p> <p><b><u>SEL Lessons</u></b>            Self Management: Goal Setting: Get SMART            Self Management: Problem Solving: What Will Work?            Self-Care: Healthy Boundaries: Healthy Body, Happy Heart            Self-Care: Self-Advocacy: Speak Up            Self-Care: Self-Compassion: Be Kind to Yourself            Social Awareness : Empathy: Showing Empathy            Social Awareness : Social Contributions: Community Volunteer</p>

		Social Skills: Fairness: Empathy and Human Rights Social Skills: Friendship: Types of Friends Social Skills: Relationships: Relationships
CORE STANDARD / STRAND	CCSS.ELA-Literacy.CCRA.R.3	Analyze how and why individuals, events, or ideas develop and interact over the course of a text.

#### **SEL Lessons**

Self Management: Goal Setting: Get SMART  
Self Management: Problem Solving: What Will Work?  
Self-Care: Healthy Boundaries: Healthy Body, Happy Heart  
Self-Care: Self-Advocacy: Speak Up  
Self-Care: Self-Compassion: Be Kind to Yourself  
Social Awareness : Empathy: Showing Empathy  
Social Awareness : Social Contributions: Community Volunteer  
Social Skills: Fairness: Empathy and Human Rights  
Social Skills: Friendship: Types of Friends  
Social Skills: Relationships: Relationships

### **COURSE**      **CCSS.ELA-Literacy.CCRA.R**      **College and Career Readiness Anchor Standards for Reading**

<b>STRAND / CORE STANDARD</b>		<b>Craft and Structure</b>
CORE STANDARD / STRAND	CCSS.ELA-Literacy.CCRA.R.4	Interpret words and phrases as they are used in a text, including determining technical, connotative, and figurative meanings, and analyze how specific word choices shape meaning or tone.
		<b><u>SEL Lessons</u></b> Social Skills: Fairness: Empathy and Human Rights
CORE STANDARD / STRAND	CCSS.ELA-Literacy.CCRA.R.6	Assess how point of view or purpose shapes the content and style of a text.
		<b><u>SEL Lessons</u></b> Social Skills: Fairness: Empathy and Human Rights

### **COURSE**      **CCSS.ELA-Literacy.CCRA.R**      **College and Career Readiness Anchor Standards for Reading**

<b>STRAND / CORE STANDARD</b>		<b>Integration of Knowledge and Ideas</b>
CORE STANDARD / STRAND	CCSS.ELA-Literacy.CCRA.R.7	Integrate and evaluate content presented in diverse media and formats, including visually and quantitatively, as well as in words.
		<b><u>SEL Lessons</u></b> Self Management: Goal Setting: Get SMART Self Management: Problem Solving: What Will Work?



Self-Care: Healthy Boundaries: Healthy Body,  
Happy Heart  
Self-Care: Self-Advocacy: Speak Up  
Self-Care: Self-Compassion: Be Kind to Yourself  
Social Awareness : Empathy: Showing Empathy  
Social Awareness : Social Contributions: Community  
Volunteer  
Social Skills: Friendship: Types of Friends  
Social Skills: Relationships: Relationships

**COURSE** **CCSS.ELA-Literacy.CCRA.R** **College and Career Readiness Anchor Standards for Reading**

<b>STRAND / CORE STANDARD</b>		<b>Range of Reading and Level of Text Complexity</b>
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CORE STANDARD / STRAND	CCSS.ELA-Literacy.CCRA.R.10	Read and comprehend complex literary and informational texts independently and proficiently.
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**SEL Lessons**

Self Management: Goal Setting: Get SMART  
Self Management: Problem Solving: What Will Work?  
Self-Care: Healthy Boundaries: Healthy Body,  
Happy Heart  
Self-Care: Self-Advocacy: Speak Up  
Self-Care: Self-Compassion: Be Kind to Yourself  
Social Awareness : Empathy: Showing Empathy  
Social Awareness : Social Contributions:  
Community Volunteer  
Social Skills: Fairness: Empathy and Human Rights  
Social Skills: Friendship: Types of Friends  
Social Skills: Relationships: Relationships

**COURSE** **CCSS.ELA-Literacy.CCRA.W** **College and Career Readiness Anchor Standards for Writing**

<b>STRAND / CORE STANDARD</b>		<b>Text Types and Purposes</b>
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CORE STANDARD / STRAND	CCSS.ELA-Literacy.CCRA.W.1	Write arguments to support claims in an analysis of substantive topics or texts using valid reasoning and relevant and sufficient evidence.
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**SEL Lessons**

Social Skills: Fairness: Empathy and Human Rights

**COURSE** **CCSS.ELA-Literacy.CCRA.W** **College and Career Readiness Anchor Standards for Writing**

<b>STRAND / CORE STANDARD</b>		<b>Production and Distribution of Writing</b>
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CORE STANDARD / STRAND	CCSS.ELA-Literacy.CCRA.W.4	Produce clear and coherent writing in which the development, organization, and style are appropriate to task, purpose, and audience.
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			<p><b><u>SEL Lessons</u></b></p> <p>Awareness of Self &amp; Others: Self - Knowledge: Who Am I?</p> <p>Self Management: Goal Setting: Get SMART</p> <p>Self Management: Goal Setting: Got GRIT?</p> <p>Self Management: Problem Solving: What Will Work?</p> <p>Self Management: Self Control: Savings</p> <p>Self Management: Stress Management: Calm, Cool, and Collected</p> <p>Self-Care: Healthy Boundaries: Healthy Body, Happy Heart</p> <p>Self-Care: Self-Advocacy: Advocate for Your Rights</p> <p>Social Awareness : Actions &amp; Consequences: Paving the Path for Success</p> <p>Social Skills: Friendship: Types of Friends</p>
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CORE STANDARD / STRAND	CCSS.ELA-Literacy.CCRA.W.5	Develop and strengthen writing as needed by planning, revising, editing, rewriting, or trying a new approach.
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			<p><b><u>SEL Lessons</u></b></p> <p>Awareness of Self &amp; Others: Self - Knowledge: Who Am I?</p> <p>Self Management: Goal Setting: Get SMART</p> <p>Self Management: Goal Setting: Got GRIT?</p> <p>Self Management: Problem Solving: What Will Work?</p> <p>Self Management: Self Control: Savings</p> <p>Self Management: Stress Management: Calm, Cool, and Collected</p> <p>Self-Care: Healthy Boundaries: Healthy Body, Happy Heart</p> <p>Self-Care: Self-Advocacy: Advocate for Your Rights</p> <p>Social Awareness : Actions &amp; Consequences: Paving the Path for Success</p> <p>Social Skills: Friendship: Types of Friends</p>
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<b>COURSE</b>	<b>CCSS.ELA-Literacy.CCRA.W</b>	<b>College and Career Readiness Anchor Standards for Writing</b>
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<b>STRAND / CORE STANDARD</b>		<b>Research to Build and Present Knowledge</b>
CORE STANDARD / STRAND	CCSS.ELA-Literacy.CCRA.W.7	Conduct short as well as more sustained research projects based on focused questions, demonstrating understanding of the subject under investigation.

**SEL Lessons**

Self-Care: Self-Advocacy: Advocate for Your Rights

Social Awareness : Cultural Competence: Culture Research

Social Skills: Respect: Respecting Authority

CORE STANDARD / STRAND	CCSS.ELA-Literacy.CCRA.W.8	Gather relevant information from multiple print and digital sources, assess the credibility and accuracy of each source, and integrate the information while avoiding plagiarism.
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**SEL Lessons**

Self-Care: Self-Advocacy: Advocate for Your Rights  
 Social Awareness : Cultural Competence: Culture Research  
 Social Skills: Respect: Respecting Authority

CORE STANDARD / STRAND	CCSS.ELA-Literacy.CCRA.W.9	Draw evidence from literary or informational texts to support analysis, reflection, and research.
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**SEL Lessons**

Self-Care: Self-Advocacy: Advocate for Your Rights  
 Social Awareness : Cultural Competence: Culture Research  
 Social Skills: Fairness: Empathy and Human Rights  
 Social Skills: Respect: Respecting Authority

<b>COURSE</b>	<b>CCSS.ELA-Literacy.CCRA.W</b>	<b>College and Career Readiness Anchor Standards for Writing</b>
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<b>STRAND / CORE STANDARD</b>		<b>Range of Writing</b>
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CORE STANDARD / STRAND	CCSS.ELA-Literacy.CCRA.W.10	Write routinely over extended time frames (time for research, reflection, and revision) and shorter time frames (a single sitting or a day or two) for a range of tasks, purposes, and audiences.
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**SEL Lessons**

Awareness of Self & Others: Self - Knowledge: Who Am I?  
 Self Management: Goal Setting: Get SMART  
 Self Management: Goal Setting: Got GRIT?  
 Self Management: Problem Solving: What Will Work?  
 Self Management: Self Control: Savings  
 Self Management: Stress Management: Calm, Cool, and Collected  
 Self-Care: Healthy Boundaries: Healthy Body, Happy Heart  
 Self-Care: Self-Advocacy: Advocate for Your Rights  
 Social Awareness : Actions & Consequences: Paving the Path for Success  
 Social Skills: Friendship: Types of Friends

<b>COURSE</b>	<b>CCSS.ELA-Literacy.CCRA.SL</b>	<b>College and Career Readiness Anchor Standards for Speaking and Listening</b>
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<b>STRAND / CORE STANDARD</b>		<b>Comprehension and Collaboration</b>
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CORE STANDARD / STRAND	CCSS.ELA-Literacy.CCRA.SL.1	Prepare for and participate effectively in a range of conversations and collaborations with diverse partners, building on others' ideas and expressing their own clearly and persuasively.
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### **SEL Lessons**

Awareness of Self & Others: Emotions: Accepting Emotions  
 Awareness of Self & Others: Emotions: Emotions and Behavior  
 Awareness of Self & Others: Growth Mindset: From Failures to Inventions  
 Awareness of Self & Others: Growth Mindset: My New Group  
 Awareness of Self & Others: Learning Skills: Cure a Negative Mindset  
 Awareness of Self & Others: Learning Skills: Remember This  
 Awareness of Self & Others: Self - Knowledge: Who Am I?  
 Awareness of Self & Others: Self-Knowledge: Accepting Ourselves  
 Awareness of Self & Others: Values: My Values  
 Awareness of Self & Others: Values: Trust Your GUT  
 Awareness of Self & Others: Wants & Needs: We Are Different  
 Awareness of Self & Others: Wants and Needs: Aesthetic Expressions  
 Self Management: Focus: Distract Me Not  
 Self Management: Focus: Self-Care for Focus  
 Self Management: Goal Setting: Get SMART  
 Self Management: Goal Setting: Got GRIT?  
 Self Management: Problem Solving: Stretch Yourself  
 Self Management: Problem Solving: What Will Work?  
 Self Management: Resilience: Out of Your Control?  
 Self Management: Resilience: When Things Get Hard  
 Self Management: Self Control: Savings  
 Self Management: Self-Control: To Delay or Not to Delay  
 Self Management: Stress Management: Balancing Stress  
 Self Management: Stress Management: Calm, Cool, and Collected  
 Self-Care: Healthy Boundaries: Healthy Body, Happy Heart  
 Self-Care: Healthy Boundaries: The Balancing Act  
 Self-Care: Mindfulness: Being Mindful  
 Self-Care: Mindfulness: Choose PEACE  
 Self-Care: Optimism: Look on the Lighter Side

		<p>Self-Care: Optimism: Yay Optimism!</p> <p>Self-Care: Self-Advocacy: Advocate for Your Rights</p> <p>Self-Care: Self-Advocacy: Speak Up</p> <p>Self-Care: Self-Compassion: Be Kind to Yourself</p> <p>Self-Care: Self-Compassion: Take Care of You</p> <p>Self-Care: Self-Efficacy: Believe in Yourself!</p> <p>Self-Care: Self-Efficacy: Visualize to Realize</p> <p>Social Awareness : Actions &amp; Consequences: Paving the Path for Success</p> <p>Social Awareness : Actions and Consequences: Decision-Making ESP</p> <p>Social Awareness : Cultural Competence: Culture Research</p> <p>Social Awareness : Empathy: Showing Empathy</p> <p>Social Awareness : Safe &amp; Ethical Behavior: Keeping Safe</p> <p>Social Awareness : Social Contributions: Community Volunteer</p> <p>Social Awareness : Social Contributions: CAUSE We Care!</p> <p>Social Awareness : Support Systems: It Takes a Village</p> <p>Social Awareness: Cultural Competence: Culture Change</p> <p>Social Awareness: Empathy: Care to Care</p> <p>Social Awareness: Safe and Ethical Behavior: Words Can Hurt</p> <p>Social Awareness: Support Systems: Giving Support</p> <p>Social Skills: Conflict Resolution: 6 Steps for Peace</p> <p>Social Skills: Conflict Resolution: Reaching Consensus</p> <p>Social Skills: Cooperation: Thanks for the Feedback!</p> <p>Social Skills: Cooperation: Wired for Cooperation</p> <p>Social Skills: Fairness: Empathy and Human Rights</p> <p>Social Skills: Fairness: Fairness</p> <p>Social Skills: Friendship: Fast Friendship</p> <p>Social Skills: Friendship: Types of Friends</p> <p>Social Skills: Relationships: Relationships</p> <p>Social Skills: Relationships: Shifting Relationships</p> <p>Social Skills: Respect: Respecting Authority</p> <p>Social Skills: Respect: Roles and Respect</p>
CORE STANDARD / STRAND	CCSS.ELA-Literacy.CCRA.SL.2	<p>Integrate and evaluate information presented in diverse media and formats, including visually, quantitatively, and orally.</p> <p><b><u>SEL Lessons</u></b></p> <p>Awareness of Self &amp; Others: Emotions: Accepting Emotions</p> <p>Awareness of Self &amp; Others: Growth Mindset: From Failures to Inventions</p>

Awareness of Self & Others: Learning Skills: Cure a Negative Mindset  
 Awareness of Self & Others: Self-Knowledge: Accepting Ourselves  
 Awareness of Self & Others: Values: Trust Your GUT  
 Awareness of Self & Others: Wants and Needs: Aesthetic Expressions  
 Self Management: Focus: Self-Care for Focus  
 Self Management: Goal Setting: Got GRIT?  
 Self Management: Problem Solving: Stretch Yourself  
 Self Management: Resilience: Out of Your Control?  
 Self Management: Self-Control: To Delay or Not to Delay  
 Self Management: Stress Management: Balancing Stress  
 Social Awareness : Social Contributions: CAUSE We Care!  
 Social Awareness: Cultural Competence: Culture Change  
 Social Awareness: Empathy: Care to Care  
 Social Awareness: Safe and Ethical Behavior: Words Can Hurt  
 Social Awareness: Support Systems: Giving Support  
 Social Skills: Conflict Resolution: Reaching Consensus  
 Social Skills: Cooperation: Wired for Cooperation  
 Social Skills: Fairness: Empathy and Human Rights  
 Social Skills: Friendship: Fast Friendship  
 Social Skills: Relationships: Shifting Relationships  
 Social Skills: Respect: Roles and Respect

<b>COURSE</b>	<b>CCSS.ELA-Literacy.CCRA.L</b>	<b>College and Career Readiness Anchor Standards for Language</b>
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<b>STRAND / CORE STANDARD</b>		<b>Knowledge of Language</b>
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CORE STANDARD / STRAND	CCSS.ELA-Literacy.CCRA.L.3	Apply knowledge of language to understand how language functions in different contexts, to make effective choices for meaning or style, and to comprehend more fully when reading or listening.
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**SEL Lessons**

Social Skills: Fairness: Empathy and Human Rights

<b>COURSE</b>	<b>CCSS.ELA-Literacy.CCRA.L</b>	<b>College and Career Readiness Anchor Standards for Language</b>
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<b>STRAND / CORE STANDARD</b>		<b>Vocabulary Acquisition and Use</b>
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CORE STANDARD / STRAND	CCSS.ELA-Literacy.CCRA.L.4	Determine or clarify the meaning of unknown and multiple-meaning words and phrases by using context clues, analyzing meaningful word parts, and consulting general and specialized reference materials, as appropriate.
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**SEL Lessons**

Social Skills: Fairness: Empathy and Human Rights

CORE STANDARD / STRAND	CCSS.ELA-Literacy.CCRA.L.6	Acquire and use accurately a range of general academic and domain-specific words and phrases sufficient for reading, writing, speaking, and listening at the college and career readiness level; demonstrate independence in gathering vocabulary knowledge when encountering an unknown term important to comprehension or expression.
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**SEL Lessons**

Social Skills: Fairness: Empathy and Human Rights

**Common Core College and Career Readiness Anchor Standards**

**Language Arts**

Grade: **12** - Adopted: **2010**

**COURSE**                      **CCSS.ELA-Literacy.CCRA.R**                      **College and Career Readiness Anchor Standards for Reading**

<b>STRAND / CORE STANDARD</b>		<b>Key Ideas and Details</b>
CORE STANDARD / STRAND	CCSS.ELA-Literacy.CCRA.R.1	<p>Read closely to determine what the text says explicitly and to make logical inferences from it; cite specific textual evidence when writing or speaking to support conclusions drawn from the text.</p> <p><b><u>SEL Lessons</u></b></p> <p>Self Management: Goal Setting: Get SMART  Self Management: Problem Solving: What Will Work?  Self-Care: Healthy Boundaries: Healthy Body, Happy Heart  Self-Care: Self-Advocacy: Speak Up  Self-Care: Self-Compassion: Be Kind to Yourself  Social Awareness : Empathy: Showing Empathy  Social Awareness : Social Contributions: Community Volunteer  Social Skills: Friendship: Lasting Friendships  Social Skills: Friendship: Types of Friends  Social Skills: Relationships: Relationships</p>
CORE STANDARD / STRAND	CCSS.ELA-Literacy.CCRA.R.2	Determine central ideas or themes of a text and analyze their development; summarize the key supporting details and ideas.

<b><u>SEL Lessons</u></b>		
Self Management: Goal Setting: Get SMART		
Self Management: Problem Solving: What Will Work?		
Self-Care: Healthy Boundaries: Healthy Body, Happy Heart		
Self-Care: Self-Advocacy: Speak Up		
Self-Care: Self-Compassion: Be Kind to Yourself		
Social Awareness : Empathy: Showing Empathy		
Social Awareness : Social Contributions: Community Volunteer		
Social Skills: Friendship: Lasting Friendships		
Social Skills: Friendship: Types of Friends		
Social Skills: Relationships: Relationships		
CORE STANDARD / STRAND	CCSS.ELA-Literacy.CCRA.R.3	Analyze how and why individuals, events, or ideas develop and interact over the course of a text.

<b><u>SEL Lessons</u></b>		
Self Management: Goal Setting: Get SMART		
Self Management: Problem Solving: What Will Work?		
Self-Care: Healthy Boundaries: Healthy Body, Happy Heart		
Self-Care: Self-Advocacy: Speak Up		
Self-Care: Self-Compassion: Be Kind to Yourself		
Social Awareness : Empathy: Showing Empathy		
Social Awareness : Social Contributions: Community Volunteer		
Social Skills: Friendship: Lasting Friendships		
Social Skills: Friendship: Types of Friends		
Social Skills: Relationships: Relationships		

<b>COURSE</b>	<b>CCSS.ELA-Literacy.CCRA.R</b>	<b>College and Career Readiness Anchor Standards for Reading</b>
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<b>STRAND / CORE STANDARD</b>		<b>Craft and Structure</b>
CORE STANDARD / STRAND	CCSS.ELA-Literacy.CCRA.R.4	Interpret words and phrases as they are used in a text, including determining technical, connotative, and figurative meanings, and analyze how specific word choices shape meaning or tone.
<b><u>SEL Lessons</u></b>		
Social Skills: Friendship: Lasting Friendships		
CORE STANDARD / STRAND	CCSS.ELA-Literacy.CCRA.R.6	Assess how point of view or purpose shapes the content and style of a text.
<b><u>SEL Lessons</u></b>		
Social Skills: Friendship: Lasting Friendships		



<b>COURSE</b>	<b>CCSS.ELA-Literacy.CCRA.R</b>	<b>College and Career Readiness Anchor Standards for Reading</b>
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STRAND / CORE STANDARD		Integration of Knowledge and Ideas
CORE STANDARD / STRAND	CCSS.ELA-Literacy.CCRA.R.7	<p>Integrate and evaluate content presented in diverse media and formats, including visually and quantitatively, as well as in words.</p> <p><b><u>SEL Lessons</u></b>            Self Management: Goal Setting: Get SMART            Self Management: Problem Solving: What Will Work?            Self-Care: Healthy Boundaries: Healthy Body, Happy Heart            Self-Care: Self-Advocacy: Speak Up            Self-Care: Self-Compassion: Be Kind to Yourself            Social Awareness : Empathy: Showing Empathy            Social Awareness : Social Contributions: Community Volunteer            Social Skills: Friendship: Types of Friends            Social Skills: Relationships: Relationships</p>

<b>COURSE</b>	<b>CCSS.ELA-Literacy.CCRA.R</b>	<b>College and Career Readiness Anchor Standards for Reading</b>
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STRAND / CORE STANDARD		Range of Reading and Level of Text Complexity
CORE STANDARD / STRAND	CCSS.ELA-Literacy.CCRA.R.10	<p>Read and comprehend complex literary and informational texts independently and proficiently.</p> <p><b><u>SEL Lessons</u></b>            Self Management: Goal Setting: Get SMART            Self Management: Problem Solving: What Will Work?            Self-Care: Healthy Boundaries: Healthy Body, Happy Heart            Self-Care: Self-Advocacy: Speak Up            Self-Care: Self-Compassion: Be Kind to Yourself            Social Awareness : Empathy: Showing Empathy            Social Awareness : Social Contributions: Community Volunteer            Social Skills: Friendship: Lasting Friendships            Social Skills: Friendship: Types of Friends            Social Skills: Relationships: Relationships</p>

<b>COURSE</b>	<b>CCSS.ELA-Literacy.CCRA.W</b>	<b>College and Career Readiness Anchor Standards for Writing</b>
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STRAND / CORE STANDARD		Text Types and Purposes
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CORE STANDARD / STRAND	CCSS.ELA-Literacy.CCRA.W.1	Write arguments to support claims in an analysis of substantive topics or texts using valid reasoning and relevant and sufficient evidence.
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**SEL Lessons**

Social Skills: Friendship: Lasting Friendships

**COURSE**                      **CCSS.ELA-Literacy.CCRA.W**                      **College and Career Readiness Anchor Standards for Writing**

<b>STRAND / CORE STANDARD</b>		<b>Production and Distribution of Writing</b>
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CORE STANDARD / STRAND	CCSS.ELA-Literacy.CCRA.W.4	Produce clear and coherent writing in which the development, organization, and style are appropriate to task, purpose, and audience.
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**SEL Lessons**

Awareness of Self & Others: Self - Knowledge: Who Am I?  
Self Management: Goal Setting: Get SMART  
Self Management: Goal Setting: Grow Your Goal  
Self Management: Problem Solving: What Will Work?  
Self Management: Self Control: Savings  
Self Management: Stress Management: Calm, Cool, and Collected  
Self-Care: Healthy Boundaries: Healthy Body, Happy Heart  
Self-Care: Self-Compassion: Loving Yourself  
Social Awareness : Actions & Consequences: Paving the Path for Success  
Social Awareness: Empathy: Empathy and Social Change  
Social Skills: Friendship: Types of Friends

CORE STANDARD / STRAND	CCSS.ELA-Literacy.CCRA.W.5	Develop and strengthen writing as needed by planning, revising, editing, rewriting, or trying a new approach.
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**SEL Lessons**

Awareness of Self & Others: Self - Knowledge: Who Am I?  
Self Management: Goal Setting: Get SMART  
Self Management: Goal Setting: Grow Your Goal  
Self Management: Problem Solving: What Will Work?  
Self Management: Self Control: Savings  
Self Management: Stress Management: Calm, Cool, and Collected  
Self-Care: Healthy Boundaries: Healthy Body, Happy Heart  
Self-Care: Self-Compassion: Loving Yourself  
Social Awareness : Actions & Consequences: Paving

		the Path for Success Social Skills: Friendship: Types of Friends
<b>COURSE</b>	<b>CCSS.ELA-Literacy.CCRA.W</b>	<b>College and Career Readiness Anchor Standards for Writing</b>
<b>STRAND / CORE STANDARD</b>		<b>Research to Build and Present Knowledge</b>
CORE STANDARD / STRAND	CCSS.ELA-Literacy.CCRA.W.7	Conduct short as well as more sustained research projects based on focused questions, demonstrating understanding of the subject under investigation.  <b><u>SEL Lessons</u></b> Social Awareness : Cultural Competence: Culture Research Social Awareness: Empathy: Empathy and Social Change Social Skills: Respect: Respecting Authority
CORE STANDARD / STRAND	CCSS.ELA-Literacy.CCRA.W.8	Gather relevant information from multiple print and digital sources, assess the credibility and accuracy of each source, and integrate the information while avoiding plagiarism.  <b><u>SEL Lessons</u></b> Social Awareness : Cultural Competence: Culture Research Social Awareness: Empathy: Empathy and Social Change Social Skills: Respect: Respecting Authority
CORE STANDARD / STRAND	CCSS.ELA-Literacy.CCRA.W.9	Draw evidence from literary or informational texts to support analysis, reflection, and research.  <b><u>SEL Lessons</u></b> Social Awareness : Cultural Competence: Culture Research Social Awareness: Empathy: Empathy and Social Change Social Skills: Friendship: Lasting Friendships Social Skills: Respect: Respecting Authority

<b>COURSE</b>	<b>CCSS.ELA-Literacy.CCRA.W</b>	<b>College and Career Readiness Anchor Standards for Writing</b>
<b>STRAND / CORE STANDARD</b>		<b>Range of Writing</b>
CORE STANDARD / STRAND	CCSS.ELA-Literacy.CCRA.W.10	Write routinely over extended time frames (time for research, reflection, and revision) and shorter time frames (a single sitting or a day or two) for a range of tasks, purposes, and audiences.  <b><u>SEL Lessons</u></b> Awareness of Self & Others: Self - Knowledge: Who

Am I?  
 Self Management: Goal Setting: Get SMART  
 Self Management: Goal Setting: Grow Your Goal  
 Self Management: Problem Solving: What Will Work?  
 Self Management: Self Control: Savings  
 Self Management: Stress Management: Calm, Cool, and Collected  
 Self-Care: Healthy Boundaries: Healthy Body, Happy Heart  
 Self-Care: Self-Compassion: Loving Yourself  
 Social Awareness : Actions & Consequences: Paving the Path for Success  
 Social Awareness: Empathy: Empathy and Social Change  
 Social Skills: Friendship: Types of Friends

**COURSE**                      **CCSS.ELA-Literacy.CCRA.SL**                      **College and Career Readiness Anchor Standards for Speaking and Listening**

<b>STRAND / CORE STANDARD</b>		<b>Comprehension and Collaboration</b>
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CORE STANDARD / STRAND	CCSS.ELA-Literacy.CCRA.SL.1	Prepare for and participate effectively in a range of conversations and collaborations with diverse partners, building on others' ideas and expressing their own clearly and persuasively.
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**SEL Lessons**

Awareness of Self & Others: Emotions: Emotions and Behavior  
 Awareness of Self & Others: Emotions: My Emotional Intelligence  
 Awareness of Self & Others: Growth Mindset: Mind Your Mindset  
 Awareness of Self & Others: Growth Mindset: My New Group  
 Awareness of Self & Others: Learning Skills: Lifelong Learning  
 Awareness of Self & Others: Learning Skills: Remember This  
 Awareness of Self & Others: Self - Knowledge: Who Am I?  
 Awareness of Self & Others: Self-Knowledge: Know Thyself  
 Awareness of Self & Others: Values: My Life Compass  
 Awareness of Self & Others: Values: My Values  
 Awareness of Self & Others: Wants & Needs: We Are Different  
 Awareness of Self & Others: Wants and Needs: My Unique Potential  
 Self Management: Focus: Distract Me Not  
 Self Management: Focus: Eye On the Goal

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Self Management: Goal Setting: Get SMART  
Self Management: Goal Setting: Grow Your Goal  
Self Management: Problem Solving: Higher-Order  
Solutions  
Self Management: Problem Solving: What Will  
Work?  
Self Management: Resilience: Overcoming  
Adversity  
Self Management: Resilience: When Things Get  
Hard  
Self Management: Self Control: Savings  
Self Management: Self-Control: In the Driver's Seat  
Self Management: Stress Management: Be Your  
Own CEO  
Self Management: Stress Management: Calm, Cool,  
and Collected  
Self-Care: Healthy Boundaries: Healthy Body,  
Happy Heart  
Self-Care: Healthy Boundaries: My Boundaries  
Self-Care: Mindfulness: Being Mindful  
Self-Care: Mindfulness: SEE from a New  
Perspective  
Self-Care: Optimism: Leading with Optimism  
Self-Care: Optimism: Yay Optimism!  
Self-Care: Self-Advocacy: Adulting  
Self-Care: Self-Advocacy: Speak Up  
Self-Care: Self-Compassion: Be Kind to Yourself  
Self-Care: Self-Compassion: Loving Yourself  
Self-Care: Self-Efficacy: Believe in Yourself!  
Self-Care: Self-Efficacy: Build Your Self-Efficacy  
Social Awareness : Actions & Consequences: Paving  
the Path for Success  
Social Awareness : Actions and Consequences:  
Decision-Making  
Social Awareness : Cultural Competence: Culture  
Research  
Social Awareness : Empathy: Showing Empathy  
Social Awareness : Safe & Ethical Behavior:  
Keeping Safe  
Social Awareness : Social Contributions:  
Community Volunteer  
Social Awareness : Social Contributions: Change  
Makers  
Social Awareness : Support Systems: It Takes a  
Village  
Social Awareness: Cultural Competence: Cultural  
Competence  
Social Awareness: Empathy: Empathy and Social  
Change  
Social Awareness: Safe and Ethical Behavior:  
Bullying and Harassment  
Social Awareness: Support Systems: Your Support  
System

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	Social Skills: Conflict Resolution: 6 Steps for Peace
	Social Skills: Conflict Resolution: Resolve. Restore. Repeat.
	Social Skills: Cooperation: Group Decision-Making
	Social Skills: Cooperation: Thanks for the Feedback!
	Social Skills: Fairness: Fairness
	Social Skills: Fairness: Human Rights: Whose Responsibility?
	Social Skills: Friendship: Lasting Friendships
	Social Skills: Friendship: Types of Friends
	Social Skills: Relationships: EI Leadership
	Social Skills: Relationships: Relationships
	Social Skills: Respect: Respect, Relationships, and You
	Social Skills: Respect: Respecting Authority

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CORE STANDARD / STRAND	CCSS.ELA-Literacy.CCRA.SL.2	Integrate and evaluate information presented in diverse media and formats, including visually, quantitatively, and orally.
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### **SEL Lessons**

Awareness of Self & Others: Emotions: My Emotional Intelligence

Awareness of Self & Others: Growth Mindset: Mind Your Mindset

Awareness of Self & Others: Learning Skills: Lifelong Learning

Awareness of Self & Others: Self-Knowledge: Know Thyself

Awareness of Self & Others: Values: My Life Compass

Awareness of Self & Others: Wants and Needs: My Unique Potential

Self Management: Focus: Eye On the Goal

Self Management: Goal Setting: Grow Your Goal

Self Management: Problem Solving: Higher-Order Solutions

Self Management: Resilience: Overcoming Adversity

Self Management: Self-Control: In the Driver's Seat

Self Management: Stress Management: Be Your Own CEO

Social Awareness : Social Contributions: Change Makers

Social Awareness: Cultural Competence: Cultural Competence

Social Awareness: Empathy: Empathy and Social Change

Social Awareness: Safe and Ethical Behavior: Bullying and Harassment

Social Awareness: Support Systems: Your Support System

Social Skills: Conflict Resolution: Resolve. Restore. Repeat.  
 Social Skills: Cooperation: Group Decision-Making  
 Social Skills: Fairness: Human Rights: Whose Responsibility?  
 Social Skills: Friendship: Lasting Friendships  
 Social Skills: Relationships: EI Leadership  
 Social Skills: Respect: Respect, Relationships, and You

**COURSE**                      **CCSS.ELA-Literacy.CCRA.L**                      **College and Career Readiness Anchor Standards for Language**

<b>STRAND / CORE STANDARD</b>		<b>Knowledge of Language</b>
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CORE STANDARD / STRAND	CCSS.ELA-Literacy.CCRA.L.3	Apply knowledge of language to understand how language functions in different contexts, to make effective choices for meaning or style, and to comprehend more fully when reading or listening.
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**SEL Lessons**

Social Skills: Friendship: Lasting Friendships

**COURSE**                      **CCSS.ELA-Literacy.CCRA.L**                      **College and Career Readiness Anchor Standards for Language**

<b>STRAND / CORE STANDARD</b>		<b>Vocabulary Acquisition and Use</b>
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CORE STANDARD / STRAND	CCSS.ELA-Literacy.CCRA.L.4	Determine or clarify the meaning of unknown and multiple-meaning words and phrases by using context clues, analyzing meaningful word parts, and consulting general and specialized reference materials, as appropriate.
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**SEL Lessons**

Social Skills: Friendship: Lasting Friendships

CORE STANDARD / STRAND	CCSS.ELA-Literacy.CCRA.L.6	Acquire and use accurately a range of general academic and domain-specific words and phrases sufficient for reading, writing, speaking, and listening at the college and career readiness level; demonstrate independence in gathering vocabulary knowledge when encountering an unknown term important to comprehension or expression.
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**SEL Lessons**

Social Skills: Friendship: Lasting Friendships